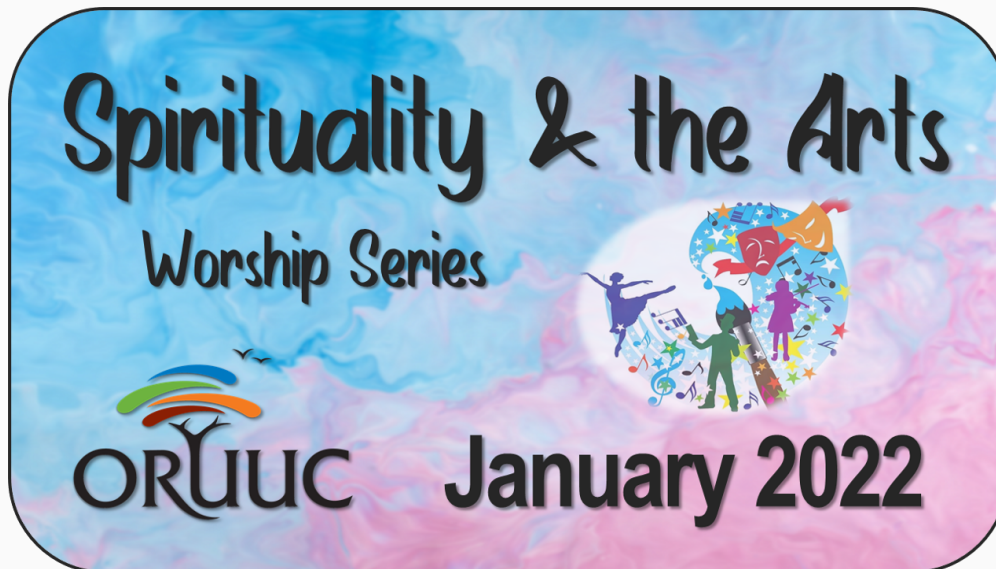




The Exponent

January 14-20, 2022

Worship



Sunday, January 9, 10:00 AM "Film MLK Day"

Rev. Gaye Morris leading worship

Black Voices in Film - As Jake said last week, this month we're exploring the effort to organize the information of life into something meaningful—an effort we call "the arts." Filmmakers have a particular way of capturing meaning through moving images, and today we will think about the need for a diverse and authentic black voice in American movies. What does the promise of contemporary creativity that grew out of the Civil Rights movement look like in 2022?

Go to [ORUUC](#) for zoom information.

Up Front

ORUUC
Weather/Closure
Policy

WEEKDAYS

IF OAK RIDGE SCHOOLS ARE CLOSED; THE OFFICE AT ORUUC WILL BE CLOSED

SUNDAY MORNINGS

FOR INCLEMENT WEATHER, A DECISION WHETHER OR NOT TO HAVE THE SERVICE WILL BE MADE BY **9:00 A.M.**. PLEASE CHECK YOUR EMAIL AND/OR FACEBOOK FOR STATUS BEFORE COMING TO CHURCH

SATURDAY AND EVENING EVENTS

FOR INCLEMENT WEATHER, A GO/NO GO DECISION WILL BE MADE AT LEAST **ONE HOUR PRIOR** TO THE EVENT. PLEASE CHECK YOUR EMAIL AND/OR FACEBOOK FOR STATUS BEFORE COMING TO CHURCH

Please watch for an email and/or Facebook post before any event this weekend.



Office Closed January 17, 2021 for MLK Jr. Day

Faith Formation Update

Faith Formation Update: Spirit Play (Ages 5-10) will remain Virtual Only throughout the month of January to ensure the safety of our leaders and to better serve children needing to be quarantined. Create and Connect (Ages 5-12) will remain In Person for our Elementary aged children. **Please remember to bring a coat! We will go outside for snack, regardless of weather.** Middle School and High School will remain hybrid with both virtual and in person options. The Faith Formation Staff thanks our families for remaining flexible with us as we continue to navigate the shifting pandemic landscape. -Christine Rehder (she/her/hers), Director of Faith Formation

Faith Formation Links

Group Name	Target Group	Meeting Link or Join by Phone	Password
Reflections	All	Click here 682-663-607	67882
Spirit Play	Ages 5-11	Click here 992-2433-6010	67882
Middle School	Ages 12-14	Click here 944-508-2777	67882
High School	Ages 14-18	solarmanj@gmail.com to join Discord Group	

ORUUC Volleyball

Join ORUUC on **Tuesdays** this winter at the Oak Ridge Civic Center for volleyball! All levels of experience are welcome—we're out to have fun and fellowship! Interested in playing? Contact Shelaine Curd or Christina Elliott, or check out the ORUUC Facebook group for updates: <https://www.facebook.com/groups/oruuc> Want to cheer on the team? Find out what time they're playing each week here: <https://orrecreparks.recdesk.com/Community/League/Detail?leagueId=14575&divisionId=18246&mode=schedule>



“Congratulations on winning the game against Chewblocka on Jan. 11!”

ORUUC plays the following Tuesdays:

January 18 at 6 p.m. v. the Ball Hogs

January 25 at 7 p.m. v. Preschool Power Play

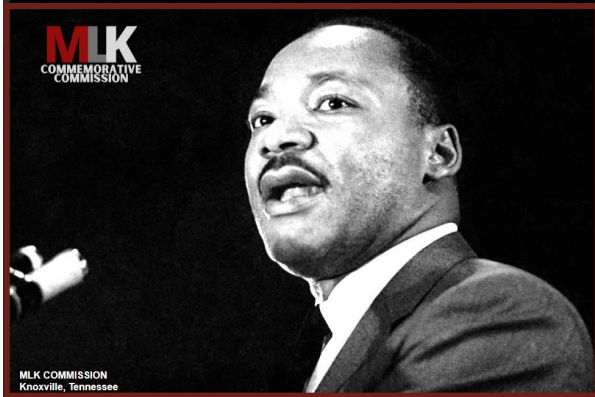
February 1 at 8 p.m. v. Team Iguanas

February 8 at 9 p.m. v. the Volleyholics

February 15 at 6 p.m. v. Top Gun

February 22 at 7 p.m. v. Chewblocka

March 1 and March 8 are Tournament Games or Make Ups. Times TBD.



Walk in the MLK Parade with TVUUC

Tennessee Valley UU Church has invited ORUUC to walk with them in the MLK Parade on **Monday, Jan. 17**. The parade will begin at Midway (Chilhowee Park), 3300 E.

Magnolia Avenue in Knoxville. Step-off will begin at 10:00 a.m. Please arrive by 9:15 a.m. The parade route is 2.3 miles and will run through MLK Blvd and end on Harriet Tubman Street. Following the parade, the Memorial Tribute Service will take place at Overcoming Believers Church, 211 Harriet Tubman Street, Knoxville. Parking for the parade is available inside Chilhowee Park. Please RSVP using the Google form below if you plan to join, in order to receive updates: <https://forms.gle/QMMqZs7pt18XS7Ax6>

For more information, contact Roddy Biggs at (615) 784-9648 or rbiggs@uuma.org For more information about 2022 MLK Celebration events in Knoxville, check out <http://www.mlkknoxville.com/2022-mlk-events/>



Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month
at 10:30 AM
with "Father Goose" Michael Raymond
September through May**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.

Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium



Nomadic Yoga Co-op

Sunday Morning yoga will be on hiatus until further notice, due to the cold weather and Covid restrictions for inside the building. Please continue your home practice and consider joining me on Monday evenings at Ascension Yoga for a Gentle Flow class. We hope to be able to gather again soon. Namaste. ~Jennifer

Yarrow Alexander



Line Dancing

Sunday, 3:00pm

(Check with the group leader for cancelation due to weather)

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community.

We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested.

For more information contact Jo Curran or Steven Albright



Tai Chi

M-W-F, 11-12 am

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back

pain. It has helped with MS, Alzheimers, dropped cervix, bunions, & more.

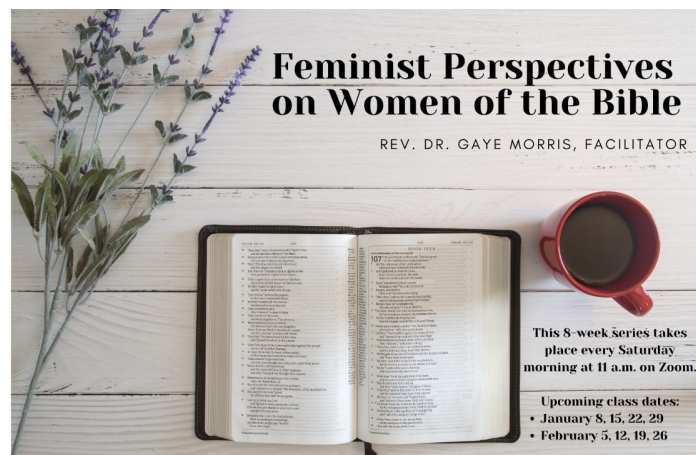
For more information call Janet Hoegler at 865-963-5115

ANNOUNCEMENTS



If you haven't had a chance to see the Photography of David G. Liles in the main hallway of the church, stop by next week! The current exhibit ends Friday, Jan. 21. The gallery is open when the church is: weekdays from 10 a.m. to 4 p.m., and Sunday mornings. More exhibits coming soon!

Have you created art in January in response to ORUUC's January theme of Art? If so, we'd like to display your art on the last two Sundays, January 23 and 30, and the week between. Bring your art to church beginning after church January 16, and any time during office hours or Sundays through Friday, January 28. Be sure and label it if you want it back. Email or call Nancy Starr for more information. starroakridge@gmail.com or 483-8684. Please leave your art in the back corner of the sanctuary behind the candle pyramid cart.



Feminist Perspectives on Women of the Bible Series with the Rev. Dr. Gaye Morris Begins TOMORROW, Saturday, January 8, on Zoom! Don't miss out - Register Today! [Women of the Bible Class](#) Registration is open until January 21.

Access the series schedule, recommended reading, and a shared space for contributing your written reflections on the women of the Bible here: <http://www.oruuc.org/women-of-the-bible>.

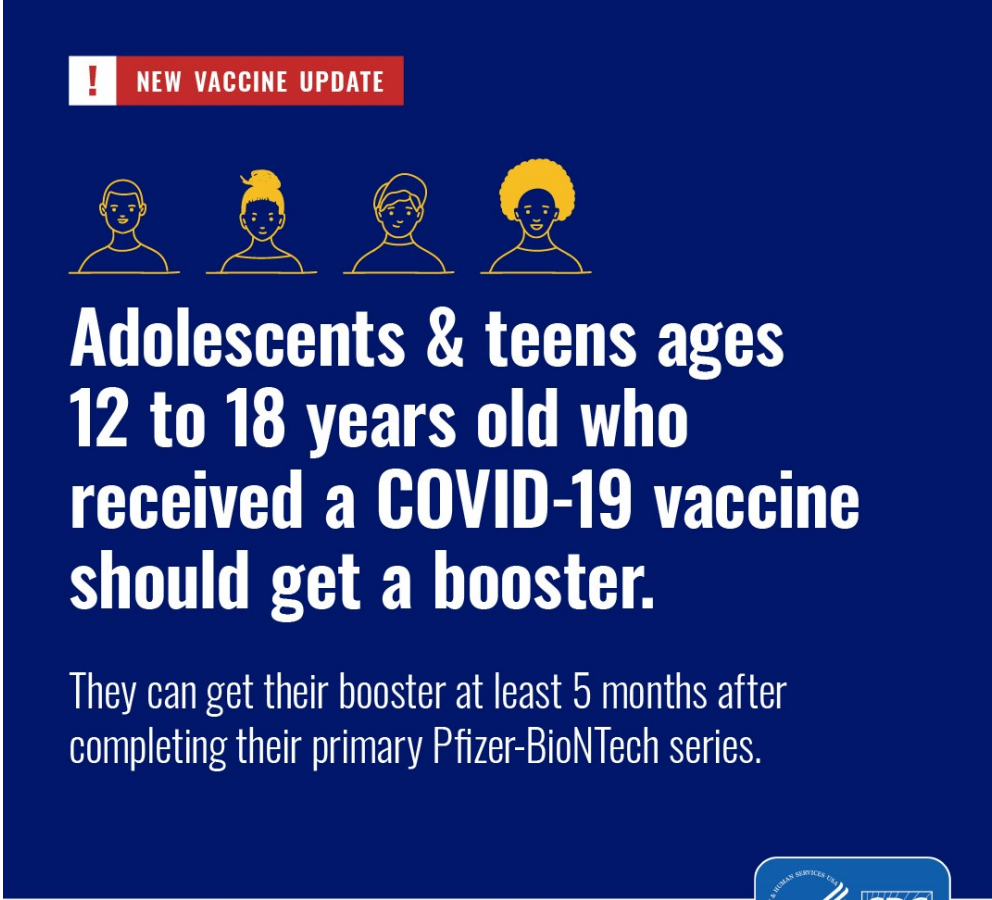
Please email Rachel at communications@oruuc.org if you have difficulty registering or creating a Realm account.

Updated Covid Policies

PALS Framework

Watch for a possible update on the PALS level, as we are waiting for the state to update the COVID numbers.

See this [link](#) for more details




! NEW VACCINE UPDATE

**Adolescents & teens ages
12 to 18 years old who
received a COVID-19 vaccine
should get a booster.**

They can get their booster at least 5 months after
completing their primary Pfizer-BioNTech series.

FIND OUT MORE AT [CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)



328947-C

The PALS level for this week are most likely HIGH. Masks are required in the building. No food or drink permitted inside the building. Please see the link (above) for details.



Split the Plate for January Ecumenical Storehouse

The Ecumenical Storehouse provides household items to those in the community who cannot afford them. They accept donations of furniture, appliances and household goods (linens, dishes, cookware), and distribute them, free of charge, to needy families in the local 3-county region. The Storehouse works with the United Way, ADFAC, and many other organizations to reach those in need. Clients are vetted by local social service agencies and churches. Special consideration is given to those families for whom a fire has left them in a desperate situation. Run by a cooperative of Oak Ridge churches including ORUUC, Ecumenical Storehouse has been in operation since 1984.

Ecumenical Storehouse embodies the social action that ORUUC champions. The church is a founding member of the Storehouse. The Storehouse runs a very lean operation and has an all-volunteer organization and very modest budget. Its service in recycling used furniture and household goods back into society is a very green operation. We strive to maintain the Storehouse in a manner that supports our seven principles and serves as good outreach to our broader community. With your help, we can continue our membership in this organization.

OUR ORUUC FAMILY

Caring for Each Other

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection

Jeannie Cuevas, Office Administrator

(865) 483-6761 Office Hours M-F 10 AM to 4 PM office@oruuc.org

Caring Coordinators for January

Mary Thornburgh ttae1@comcast.net 567-9535

Jami Garner Jamigarner@me.com 250-5505

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving

ORUUC LEADERSHIP

The ORUUC Board of Officers

President: Jim Nutaro

Past President: Val Herd

President-Elect: Michele Thornton

Secretary: Jason Fishel

Treasurer: Brandon White

Members-at-Large:

Shelaine Curd

Regina Guy

Nathaniel Bass

Ethan Coon

The ORUUC Executive Team

Rev. Jake Morrill

Christine Rehder

Christina Elliott

Debra Oscarson

Community/UU

OR Library Children's Room

The OR Public Library Children's Room is up for a grant to fund needed renovations & updates. If this is important to you, come to one of these public meetings to express your support!

WE NEED YOUR VOICE!!

Come voice your support of the Children's Room renovations!

Oak Ridge Public Library is excited for the possibility of becoming a recipient of a Community Development grant.

This grant would allow us to update our room to allow for new carpeting, new shelving, more technology, less overcrowding, and ADA compliance.

The Children's Room has been in operation since 1970, without any updates. We average 2,300 visitors a month and 30-40 people per Storytime each week.

Help us grow with you and your families for another 50 years.

LOCATIONS AND DATES

Monday, January 24th

Location: Court Room in the City Municipal Building

- 11:00 AM - 12:30 PM
- 4:30 PM - 6:00 PM

Tuesday, January 25th

Location: Children's Room at Oak Ridge Public Library

- 12:00 PM - 1:30 PM
- 4:30 PM - 6:00 PM

Saturday, January 29th

Location: Children's Room at Oak Ridge Public Library

- 11:00 AM - 12:30 PM

ON THE CALENDAR THIS WEEK

Friday, January 14

11:00am Tai Chi Practice

Saturday, January 15

11:00am Women of the Bible
(Registered Participants Only)

3:00pm Ukulele

Sunday, January 16

10:00am Worship Service

11:00am (Canceled) Yoga

11:00am Circle of Trust I

11:00am Family Group

11:00am High School

11:00am Reflections

11:00am Together in Spirit

11:15am Circle IX

12:30pm OWL (7-9 Grades)

12:30pm OWL 10-12 Grade

12:30pm Buddhism Study Group

12:30pm Middle School FF Team
Meeting

3:00pm Line Dancing

OWL (10-12) Parent Orientation

4:00pm Circle of Trust XI

5:30pm Circle of Trust X

Monday, January 17

Office Closed MLK Jr. Day

11:00am Tai Chi Practice

6:50pm Meditation Learning and
Practice Group

Tuesday, January 18

6:00pm Board Meeting

6:00pm (Canceled) Nomadic Yoga

6:00pm Depression & Anxiety Support
Group

6:00pm Volleyball at Oak Ridge Civic
Center

Wednesday, January 19

6:30am Breakfast Rotary

11:00am Tai Chi

11:00am Circle of Trust VIII

6:45pm Choir Practice

7:45pm Band Rehearsal

8:00pm Evening Prayer

Thursday, January 20

2:00pm (Rental) Friends of Literacy

3:00pm Executive Team Meeting

5:00pm Potluck

6:50pm Meditation Learning and
Practice Group

