



# The Exponent

**January 21-27, 2022**

**WORSHIP**

**Spirituality & the Arts**  
Worship Series

**ORUUC** **January 2022**

**Sunday, January 23, 10:00 AM**

**“How COVID Sparked Creative Worship & Music Arts”**

How COVID has created creativity / collaboration - how far we've come.

**There will be NO IN-PERSON WORSHIP THIS SUNDAY.**

Order of Service [here](#)    Go to [ORUUC](#) for zoom information.

**UP FRONT**



# ORUUC Weather/Closure Policy

**WEEKDAYS**

IF OAK RIDGE SCHOOLS ARE CLOSED; THE OFFICE AT  
ORUUC WILL BE CLOSED

**SUNDAY MORNINGS**

FOR INCLEMENT WEATHER, A DECISION WHETHER OR NOT  
TO HAVE THE SERVICE WILL BE MADE BY **9:00 A.M.**  
PLEASE CHECK YOUR EMAIL AND/OR FACEBOOK FOR  
STATUS BEFORE COMING TO CHURCH

**SATURDAY AND EVENING EVENTS**

FOR INCLEMENT WEATHER, A GO/NO GO DECISION WILL  
BE MADE AT LEAST **ONE HOUR PRIOR** TO THE EVENT.  
PLEASE CHECK YOUR EMAIL AND/OR FACEBOOK FOR  
STATUS BEFORE COMING TO CHURCH

Please watch for email and/or Facebook post before any event this weekend.

**Stone Soup**



**Final Friday of Every Month**

**Menu: Santa Fe Chili, Cornbread, Cookie, Fruit**

Drive through the ORUUC parking lot to the front of the building where a volunteer will assist you. Please remain in your car and maintain a safe distance from other drivers.

Friday, January 28, 2022  
5:00 p.m. – 6:00 p.m. - Or Until Supplies Run Out  
Pick up only

809 Oak Ridge Turnpike, Stoplight #2

Oak Ridge Unitarian Universalist Church (865) 483-6761

Special thanks to our Community Partners for participating in our meal:  
 Kroger Marketplace  
 Jewish Congregation of Oak Ridge 

***Faith Formation Update***

Faith Formation is all online this week.

**[Faith Formation Links](#)**

Group Name	Target Group	

		Meeting Link or Join by Phone	Password
Reflections	All	<a href="#">Click here</a> 682-663-607	678820
Spirit Play	Ages 5-11	<a href="#">Click here</a> 992-2433-6010	678820
Middle School	Ages 12-14	<a href="#">Click here</a> 944-508-2777	678820
High School	Ages 14-18	<a href="mailto:solarmanj@gmail.com">solarmanj@gmail.com</a> to join Discord Group	

### ***ORUUC Volleyball***

Join ORUUC on **Tuesdays** this winter at the Oak Ridge Civic Center for volleyball! All levels of experience are welcome—we're out to have fun and fellowship! Interested in playing? Contact Shelaine Curd or Christina Elliott, or check out the ORUUC Facebook group for updates: <https://www.facebook.com/groups/oruuc> Want to cheer on the team? Find out what time they're playing each week

here: <https://orrecrecreation.com/Community/League/Detail?leagueid=14575&divisionid=18246&mode=schedule>



ORUUC plays the following Tuesdays:  
 January 25 at 7 p.m. v. Preschool Power Play  
 February 1 at 8 p.m. v. Team Iguanas  
 February 8 at 9 p.m. v. the Volleyholics

February 15 at 6 p.m. v. Top Gun  
 February 22 at 7 p.m. v. Chewblocka  
 March 1 and March 8 are Tournament Games or Make Ups. Times TBD.

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Mother Goose



of Oak Ridge

Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month  
 at 10:30 AM  
 with "Father Goose" Michael Raymond  
 September through May**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

*Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.*

**Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium**

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## ***Nomadic Yoga Co-op***

Sunday Morning yoga will be on hiatus until further notice, due to the cold weather and Covid restrictions for inside the building. Please continue your home practice and consider joining me on Monday evenings at Ascension Yoga for a Gentle Flow class. We hope to be able to gather again soon. Namaste. ~Jennifer Yarrow Alexander

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## ***Line Dancing***

**Sunday, 3:00pm**

(Check with the group leader for cancelation due to weather)

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested.

For more information contact Jo Curran or Steven Albright



## ***Tai Chi***

**M-W-F, 11-12 am**

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimers, dropped cervix,

bunions, & more.

For more information call Janet Hoegler at 865-963-5115

## **ANNOUNCEMENTS**

### ***ORUUC Art***

Have you created art this month in response to ORUUC's January worship theme of Art? If so, we'd like to display your art! Bring your art to church any time during office hours or through Friday, January 28. Please leave your art in the back corner of the sanctuary behind the candle pyramid cart, and be sure to label it if you want it back. Email or call Nancy Starr for more information. [starroakridge@gmail.com](mailto:starroakridge@gmail.com) or 483-8684.

### ***"The Four Seasons" by Charles Counts: An interview with Lucy Kniseley***

by Rachel Smith-Jones



ORUUC is filled with works of art that many of us probably pass by without a second thought. The large panels in the Hearth Room have always caught my eye, but I didn't know the story behind them. An email from Lucy Kniseley to the church office changed that.

The panels, entitled "The Four Seasons" by Charles Counts, were commissioned by Ralph Kniseley, Lucy's father, after the unexpected death of his wife, Helen Sutton Kniseley, in 1961.

Charles Counts was a Kentucky-born potter, whose family moved to Oak Ridge in the 1940s. He graduated from Oak Ridge High School, then Berea College, and after a stint in the U.S. Army, returned to Oak Ridge and opened a pottery studio. Ralph Kniseley, a physician who later worked at the Oak Ridge Institute for Nuclear Studies, and his family moved back to Oak Ridge from California around that same time, in the late 1950s. Counts' and the Kniseleys attended ORUUC. Lucy Kniseley recalls visiting Counts' log cabin home/studio in Solway as a child, where one had to be very careful around the delicate works of art.





In 1961, tragedy struck the Kniseley family. Helen Sutton Kniseley, the Oberlin and Smith educated mother of five, passed away following routine surgery. Helen Kniseley was head of Religious Education at ORUUC. She was active in the local Arts Council and ORCMA. She was also involved in supporting local integration efforts. Lucy recalls her mother picketed at Davis Cafeteria, one of the last restaurants here in town that refused to serve people of color.



Ralph Kniseley commissioned the work shortly after his wife's death. "The church was really important to both of them," Lucy said. Lucy was 12 years old when Counts completed the piece; it was placed in the original ORUUC building across town. It was hard to see it all the time as a child, she said. A fire at the church damaged the piece, and the nameplate identifying the work got lost in the move—or perhaps there never was one. Last month, after conferring with the church office, Lucy went to a Knoxville awards shop and had a plaque made. "It's kind of emotional now," she said, looking over the artwork in the Hearth Room. Hundreds of pieces of clay create a mosaic of the seasons. "But it's nice to see it up close.

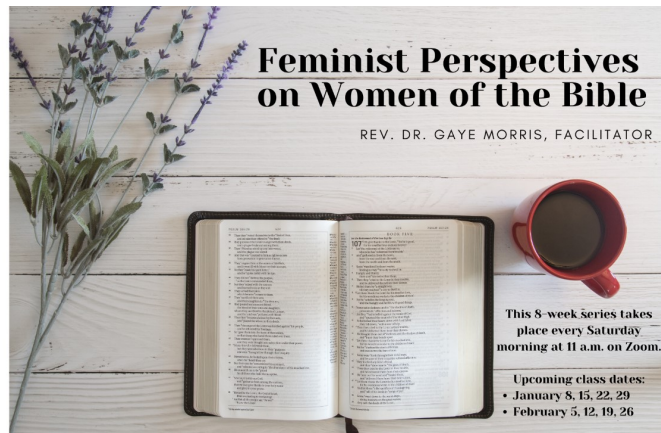
There were a lot more vivid blues before the fire." In just the right light—sunshine reflecting off melting remnants of a recent snow—those blues still shine through.

Lucy attended Antioch University in Ohio, then nursing school at UT, where she became a psychiatric nurse practitioner. She married, had two sons, lived in Italy, divorced, remarried, and retired. Her husband, Toby Boulet, teaches engineering at UT. She's happy with the trajectory of her life.

Her father, who also remarried, traveled overseas, delivered babies in Idaho, and ended up back in Oak Ridge. He passed away in 2017. In his final years at Commonwealth, he painted. It was a way for him to connect and interact with other residents and staff. Initially, Lucy was concerned that the paint supplies and the mess that goes along with creating art might take over his apartment. It turned out to be a wonderful thing, she said.

Lucy had an interest in photography, but never tried her hand at other forms of art, until last spring. She decided to take a drawing class at the Oak Ridge Art Center. Working with charcoal and ink, she found she liked it, and the people there, too. Now she's trying a watercolor class. "I've been wanting to, but never had the nerve," she said. "It's something that's scary to do, but so worth it."

For more information on Charles Counts, check out these resources: <https://www.themarksproject.org/marks/counts> and <https://berea.libraryhost.com/?p=collections/findingaid&id=170&q>



Feminist The Perspectives on Women of the Bible Series with the Rev. Dr. Gaye Morris is in progress. Registration ends this weekend! <http://www.oruuc.org/women-of-the-bible>.

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### ***Updated Covid Policies*** **PALS Framework**

Based on rising Covid cases, our PALS risk level is MAX this week, which means Sunday Morning Worship and Faith Formation will be online. See this link for more details.

See this [link](#) for more details

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**! NEW VACCINE UPDATE**



## Adolescents & teens ages 12 to 18 years old who received a COVID-19 vaccine should get a booster.

They can get their booster at least 5 months after completing their primary Pfizer-BioNTech series.

**FIND OUT MORE AT [CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)**



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The PALs level for this week are most likely HIGH. Masks are required in the building. No food or drink permitted inside the building. Please see the link (above) for details.



### ***Get Free At-Home COVID-19 Tests***

Every home in the U.S. is now eligible to order **four free at-home COVID-19 tests**. It takes only a few minutes: you provide your name and address—that's it!

Orders usually ship in 7-12 days. Order tests now so you have them when you need them. <https://www.covidtests.gov/>

### ***Split the Plate for January Ecumenical Storehouse***



The Ecumenical Storehouse provides household items to those in the community who cannot afford them. They accept donations of furniture, appliances and household goods (linens, dishes, cookware), and distribute them, free of charge, to needy families in the local 3-county region. The Storehouse works with the United Way, ADFAC, and many other organizations to reach those in need. Clients are vetted by local social service agencies and churches. Special consideration is given to those families for whom a fire has left them in a desperate situation. Run by a cooperative of Oak Ridge churches including ORUUC, Ecumenical Storehouse has been in operation since 1984.

Ecumenical Storehouse embodies the social action that ORUUC champions. The church is a founding member of the Storehouse. The Storehouse runs a very lean operation and has an all-volunteer organization and very modest budget. Its service in recycling used furniture and household goods back into society is a very green operation. We strive to maintain the Storehouse in a manner that supports our seven principles and serves as good outreach to our broader community. With your help, we can continue our membership in this organization.

## OUR ORUUC FAMILY

### *Caring for Each Other*

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection  
 Jeannie Cuevas, Office Administrator

(865) 483-6761 Office Hours M-F 10 AM to 4 PM [office@oruuc.org](mailto:office@oruuc.org)

**Caring Coordinators for January**

Mary Thornburgh [ttae1@comcast.net](mailto:ttae1@comcast.net) 567-9535  
 Jami Garner [Jamigarner@me.com](mailto:Jamigarner@me.com) 250-5505

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

**ORUUC LEADERSHIP**

<p><b>The ORUUC Board of Officers</b>                  President: Jim Nutaro                  Past President: Val Herd                  President-Elect: Michele Thornton                  Secretary: Jason Fishel                  Treasurer: Brandon White                  Members-at-Large:                  Shelaine Curd                  Regina Guy                  Nathaniel Bass                  Ethan Coon</p>	<p><b>The ORUUC Executive Team</b>                  Rev. Jake Morrill                  Christine Rehder                  Christina Elliott                  Debra Oscarson</p>
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**Community/UU**

***OR Library Children's Room***

The OR Public Library Children's Room is up for a grant to fund needed renovations & updates. If this is important to you, come to one of these public meetings to express your support!

## **WE NEED YOUR VOICE!!**

### **Come voice your support of the Children's Room renovations!**

Oak Ridge Public Library is excited for the possibility of becoming a recipient of a Community Development grant.

This grant would allow us to update our room to allow for new carpeting, new shelving, more technology, less overcrowding, and ADA compliance.

The Children's Room has been in operation since 1970, without any updates. We average 2,300 visitors a month and 30-40 people per Storytime each week.

Help us grow with you and your families for another 50 years.

## **LOCATIONS AND DATES**

### **Monday, January 24th**

Location: Court Room in the City Municipal Building

- 11:00 AM - 12:30 PM
- 4:30 PM - 6:00 PM

### **Tuesday, January 25th**

Location: Children's Room at Oak Ridge Public Library

- 12:00 PM - 1:30 PM
- 4:30 PM - 6:00 PM

### **Saturday, January 29th**

Location: Children's Room at Oak Ridge Public Library

- 11:00 AM - 12:30 PM

There's no agenda or sit-down meeting, just a time for you to give your support for the project. The Oak Ridge Public Library thanks you!

## ON THE CALENDAR THIS WEEK

**Friday, January 21**

11:00am Tai Chi Practice

**Saturday, January 22**

11:00am Women of the Bible (Registered Participants Only)

**Sunday, January 23**

8:15am Circles of Trust VII  
 10:00am Worship Service **ZOOM ONLY**  
 11:00am (Canceled)Yoga  
 11:00am Family Group  
 11:00am High School  
 11:00am Reflections  
 11:00am Together in Spirit  
 11:15am Circle of Trust II  
 11:15am Circle of Trust IV  
 12:00pm Circle of Trust V  
 12:30pm OWL (7-9 Grades)  
 12:30pm OWL (10-12 Grade)  
 12:30pm Buddhism Study Group  
 12:30pm Middle School FF Team Meeting  
 1:00pm Circle of Trust VI  
 1:30pm Book Club (On Zoom until March)  
 3:00pm Line Dancing  
 3:00pm OWL (4-6) Parent Orientation

**Monday, January 24**

11:00am Tai Chi Practice  
 6:50pm Meditation Learning and Practice Group  
 7:15pm Monthly Leadership Training (Anti-Racism/Anti-Oppression)

**Tuesday, January 25**




6:00pm (Canceled) Nomadic Yoga  
 6:00pm Depression & Anxiety Support Group  
 7:00pm Volleyball at Oak Ridge Civic Center

**Wednesday, January 26**

6:30am Breakfast Rotary  
 11:00am Tai Chi  
 5:30pm Circles of Trust III  
 6:00pm Circles of Trust VI  
 6:45pm Choir Practice  
 7:45pm Band Rehearsal

**Thursday, January 27**

12:00pm NWUUC & Launchpad Meeting  
 2:00pm (Rental) Friends of Literacy  
 5:00pm Potluck  
 6:50pm Meditation Learning and Practice Group

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**Our mailing address is:**

809 Oak Ridge Turnpike  
Oak Ridge, TN 37830

[oruuc.org](http://oruuc.org) | 865-483-6761 | [office@oruuc.org](mailto:office@oruuc.org)

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