



# The Exponent

**April 15-21, 2022**

**WORSHIP**

*April Series Theme*

## *Good Enough:*

**Embracing the Imperfections  
of Life and Faith**

*A Worship Series based on  
the work of Kate Bowler  
and Jessica Richie.*

**March 6 - April 17, 2022**

*Bloom where you are planted!*



**Sunday, April 17, 10:00 AM "EASTER-A Good Enough Faith "**

**Rev. Jake, leading worship service**

The Easter story of resurrection can seem to rely on the supernatural—on a miracle story. And that’s one way to hear it. But there are smaller miracles. Good-enough miracles which demonstrate resurrection. Like, say, forgiveness and reconciliation, when it seemed least expected.

**In-Service and Zoom. ZOOM door opens at 9:45 am. See link below.**

Order of Service [here](#) Go to [ORUUC](#) for zoom information.

**Send Prayer Requests: [prayers@oruuc.org](mailto:prayers@oruuc.org) or Text 865-224-6388**

**Easter Vigil**  
**Sunday, April 17**

Come as you are--pajamas or in your Easter best--to the ORUUC Memorial Garden for the annual informal sunrise Easter vigil. This is a chance to quietly reflect on the Easter story and to ponder what's dawning in each of our lives.

Then, join Rev. Jake for bagels and coffee before morning worship, organized by the Good Goodbye Team. Morning Worship begins at 10 a.m. Following worship, visit with Rev. Tandy over cookies and coffee in the Social Hall. Faith Formation Hour will happen as scheduled. **Please bring coins to church on Sunday, April 17 for the Egg Hunt.** Middle schoolers will be filling the eggs with coins during Faith Formation on Easter Sunday; the High School group will hide the eggs for the Egg Hunt.

**The Egg Hunt begins at 12:15 p.m.** Nursery and preschool-age children will

hunt for candy treat-filled eggs on the playground (Parents must meet their children at the nursery/classroom at 11:15, after Faith Formation, and take them to the playground for the Egg Hunt). Elementary age children will hunt for eggs in the field beyond the playground. Following the Egg Hunt, the children will empty their eggs of coins and walk the Bunny Trail set up near the Pavilion and Fire Pit to choose which Split the Plate recipient buckets to deposit their coins into. Thank you to all for helping make this special day possible!

## UP FRONT



**Missed purchasing an ORUUC t-shirt the first go around? Here's your chance!** Many of you have seen folks wearing their new tie dye and gray t-shirts, and wished they had one, so we're opening up the sale again today, Friday, April 15. Order a t-shirt here: <https://oruuc.spiritsale.com/> There are

two designs; each shirt is \$20. Save shipping costs and select "Group Order Pick Up" to get your shirt at church in May. Questions? Contact Christine Rehder at [crehder@oruuc.org](mailto:crehder@oruuc.org). Represent ORUUC **AND** help the youth fundraise for their East Coast Heritage Trip in June! Thank you!

---

### ***Congregation Photo***

**MARK YOUR CALENDARS:** There will be **Congregation Photo** taken on **Sunday, May 15th, immediately following the worship service.** Please show up to be part of this whole-group congregational photo shoot! We have a top-secret plan for this picture... ~ The Good Goodbye Event  
Planners: Christy White, Charlene Luther, Liz McGeachy, Maureen Hoyt, Beth Meyer, and Gina Grubb. (If you are interested in joining us on the Event Planning Team, please email [goodbye.oruuc@gmail.com](mailto:goodbye.oruuc@gmail.com).)



2017 Congregation Photo

# UU MAKE A DIFFERENCE



## MAKE YOUR PLEDGE TODAY!

[WWW.ORUUC.ORG/PLEDGE](http://WWW.ORUUC.ORG/PLEDGE)

**If you light a lamp for  
someone else,  
it will also brighten  
your own path.**

Please go to [www.oruuc.org/pledge](http://www.oruuc.org/pledge) and make your pledge today! Thank you! Giving Campaign Co-Chairs, Robyn Naughton and Michelle Dicken



### ***Change for Change***

Bring your extra coins to church on **Sunday, April 17**. Leave coins in the basket in the church lobby. These coins will be used to fill plastic eggs for our Bunny Trail on Easter Sunday, April 17. After the egg hunt, the children will donate these coins to our Split-the-Plate recipients.

Thanks!

## ***Rummage Sale This Weekend***



**Preview Sale Friday, April 15,  
6:00pm  
Sale Saturday, April 16 9:00pm**



- We need helpers to work the sale (at least 20 people every hour to cover the sale,) Friday, 4/15 from 6 to 8 pm & Saturday, 4/16 from 9 am to 2 pm.
  - We need lots of people to clean up after the sale, including strong backs for moving furniture. Clean up starts at 2 PM, Saturday, April 16. There will be pizza and drinks for all at the end of clean up!
-

## *High School Car Wash Fundraiser*



Saturday, April 23, 10 a.m. to 12 p.m. in the church parking lot

\$10 suggested donation

Car wash includes all of the exterior of the vehicle (and power washing, if needed), but **no interior cleaning.**

Thank you for supporting the high schoolers and the East Coast Heritage Trip!



Holocaust Remembrance Service Open to the Public Jointly Sponsored by Jewish Congregation of Oak Ridge (JCOR) Oak Ridge Unitarian Universalist Church (ORUUC) **Sunday, April 24, 2022, 3:30 PM – 4:30 PM** In the JCOR Sanctuary and On Zoom

<https://us02web.zoom.us/j/85792610070?pwd=VFZ6ZEtnUnNSYW1zU0QyK3hJSUxoUT09>

Candle lighting ceremony Readings, Song, and Prayers Essays from the Mira Kimmelman “Learning from the Holocaust” Contest Closing Speaker,

Bob Fortney, son of liberator Dr. Thomas Fortney Holocaust Memorial Candles will be available to attendees for pick-up at the Service Candles Donated by JCOR Men's Club.



Holocaust Memorial Candles will be available to attendees for pick-up at the Service Candles Donated by JCOR Men's Club.

---

### ***The May Day Picnic is on!***



**When:** Sunday, May 22, 2022, 11 AM (yes, we know this isn't actually May Day, however, we're trying to work it in the VERY busy month of May.)

**Where:** ORUUC, in the Social Hall and the Pavilion

**What to bring:** your favorite side dish/dessert that feeds 6 - 8 people to accompany hotdogs. Also, if the weather is decent, bring chairs and/or blankets so that you may dine comfortably outside if you are so moved.



**What you can do: VOLUNTEER.** Help is needed in all areas, particularly setup and cleanup. This particular Sunday is filled with special events including Bridging and the annual picnic is usually a highlight of the church year (made even more poignant with the departure of Tandy and Jake) so we need you! To officially volunteer, email Val Herd at [vhherd@gmail.com](mailto:vhherd@gmail.com)

**Note:** of course, there's always the possibility that a rise in local Covid infection rates could put the kibosh on these plans but, for the time being, we're going to believe in unicorns and plow ahead!

So, again, please volunteer if you can. I look forward to seeing you all!  
(Rumor has it that the May Pole will be making an appearance. 😊)

-Val Herd



**Date & Time**

Saturday, June 18, 2022

6:30 p.m. Program in the sanctuary honoring Jake and Tandy

7:30-10:30(ish) - The Good Goodbye Party in the Social Hall & Outdoors

Interested in joining the Good Goodbye Event Planning Team? Or do you have questions, concerns, or suggestions? Please reach out to us directly at [goodbye.oruuc@gmail.com](mailto:goodbye.oruuc@gmail.com). Thank you!

Good Goodbye Event Planners: Christy White, Charlene Luther, Liz McGeachy, Maureen Hoyt, Beth Meyer, and Gina Grubb

---



Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month  
at 10:30 AM  
with "Father Goose" Michael Raymond  
September through May**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

*Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.*

**Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium**



## ***Nomadic Yoga Co-op***

Nomadic Yoga Co-op: Sunday morning and Tuesday evening yoga will continue to be on hiatus until further notice. Please continue your home practice. We hope to gather again soon! Namaste. ~Melissa

Kay

---



## ***Line Dancing***

**NO LINE DANCING APRIL 17**

(Check with the group leader for cancelation due to weather)

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested.

For more information contact Jo Curran or Steven Albright

---



## ***Tai Chi***

**M-W-F, 11-12 am**

We minister to health & stability through learning & practicing tai chi. Tai chi has helped

individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimers, dropped cervix, bunions, & more.

For more information call Janet Hoegler at 865-963-5115.

## ANNOUNCEMENTS

### ***COVID-19 Update***

Our Pandemic Action Levels (PALs) risk is now MODERATE: Masks are no longer required in the building; those who are more comfortable wearing one are welcome to do so. Coffee Hour will be held in the Social Hall. We respectfully ask that if you have symptoms, a positive test, or exposure to someone with COVID-19, please stay home and join us on Zoom.

For the weekly Covid-19 data for Anderson County, click here: [Tennessee Department of Health Covid-19 Data](#). See this [link](#) for ORUUC's PALs reports and resources.

### ***Know Your COVID-19 Community Level***

Covid-19 Community Levels are a new tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high, and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. [COVID-19 by County | CDC](#)

## What Prevention Steps Should You Take Based on Your COVID-19 Community Level?

Low	Medium	High
<ul style="list-style-type: none"><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>If you are <a href="#">at high risk for severe illness</a>, talk to your healthcare provider about whether you need to wear a mask and take other precautions</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li></ul>	<ul style="list-style-type: none"><li>Wear a <a href="#">mask</a> indoors in public</li><li>Stay <a href="#">up to date</a> with COVID-19 vaccines</li><li><a href="#">Get tested</a> if you have symptoms</li><li>Additional precautions may be needed for people <a href="#">at high risk for severe illness</a></li></ul>

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.



### **Get Free At-Home COVID-19 Tests**

Every home in the U.S. is eligible to receive **four free at-home COVID-19 tests**. Orders usually ship in 7-12 days. Order tests now so you have them when you need them: <https://www.covidtests.gov/>

**Note:** At-home COVID-19 rapid test kits contain a small amount of sodium azide. To prevent accidental poisonings, poison control centers recommend the following tips:

- Store the kit “up and away,” out of the sight and reach of children and pets.
- Leave the kit sealed until needed and throw it away immediately after use.

- Make sure to read and follow the instructions on the package before using.

<https://blog.cincinnatichildrens.org/84/covid-19-home-test-kit-dangers-what-parents-need-to-know>

---

## ***APRIL Split the Plate***

### **Ukraine Relief Efforts**



The Unitarian Universalist Service Committee's efforts in Ukraine will be our Split the Plate Recipient for April per the Executive Team. Their website is <https://www.uua.org/pressroom/press-releases/supporting-ukraine>

Supporting those impacted by the crisis in Ukraine.

## **OUR ORUUC FAMILY**

### ***Caring for Each Other***

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection

Jeannie Cuevas, Office Administrator

(865) 483-6761 Office Hours M-F 10 AM to 4 PM [office@oruuc.org](mailto:office@oruuc.org)

### **Caring Coordinators for April**

Jill Adler TEXT/PHONE 704-989-2252 [Jill.adler.62@gmail.com](mailto:Jill.adler.62@gmail.com)

Rachel Smith-Jones [smithnjones3@comcast.net](mailto:smithnjones3@comcast.net) 603-252-2295

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

---

Dear ORUUCians,

I write to share sad news of the death of our longtime and beloved member Elizabeth Peelle, June 3, 1932 - April 6, 2022. Elizabeth, who had been under hospice care, died peacefully at home Wednesday morning. The birds were serenading, and the spring green was burgeoning outside her wide window into the backyard.

Please hold in care Elizabeth's daughters, Evelyn Peelle and Annette Sargent and their spouses and families. They are planning a memorial service for May or June, and interment in our Memorial Garden where her husband Bob's ashes are also interred.

Elizabeth arrived in Oak Ridge in 1954, in her words, "clutching my new bachelor's degree in chemistry and showing up for a job at K-25". A friend introduced her to Bob. They were married in 1955, the year of the desegregation of the Oak Ridge Schools and the city swimming pool. From the start, Elizabeth was one of the most steadfast activists in the ongoing process of intentionally integrating Oak Ridge in all areas of community life—

transportation, access to services like barbershops and restaurants, housing issues, and more. This was her passion. Elizabeth was also instrumental in bringing Roane State Community College to our community, as well as our Greenbelt, Literacy Council, Tabitha's Table and Martin Luther King Day Celebration. Elizabeth was a collaborator and a force in her own right. She leaves her legacy throughout civic life in our city.

Elizabeth was this congregation's board president when she was all of 25 years old. She leaves her legacy here among us as well. Our church shared ministry "Fresh Fruit for Kids" grew out of our first reverse offering more than a decade ago. Elizabeth had a definite idea for what to do with the cash she received, and she invited others to join her. Together they pooled their money and purchased as much fresh fruit as could be bought to send home with children in food-insecure households who received food to take home from school on Fridays. Fresh Fruit continues to this day and has expanded to serve many of the food insecure children in our school system.

My husband, Peter, worked with Elizabeth in her later years. He knew her to be a true optimist and inveterate problem-solver. When Elizabeth became aware of a problem, she turned her keen mind and connections with others toward figuring out solutions. She and Bob were both medical marvels, living through numerous complex health issues. They not only survived but stayed strong, their keen senses of humor and natural pluck intact.

Many of us have fond memories and great stories about Elizabeth and her exemplary life. Let us tell those stories! May each of us give thanks for Elizabeth Peelle, for the good life she lived, for her legacy of activism and civic leadership. Honor Elizabeth today. Do something for someone else. Support a cause you believe in. Take a walk on the Greenbelt. Find your pluck. See the humor. Consider your legacy. Live your full and precious life.



In care and connection, and with much love,

Tandy

## ORUUC LEADERSHIP

### **The ORUUC Board of Officers**

President: Jim Nutaro  
Past President: Val Herd  
President-Elect: Michele Thornton  
Secretary: Jason Fishel  
Treasurer: Brandon White  
Members-at-Large:  
Shelaine Curd  
Regina Guy  
Nathaniel Bass  
Ethan Coon

### **The ORUUC Executive Team**

Rev. Jake Morrill  
Christine Rehder  
Christina Elliott  
Debra Oscarson

## Community/UU

### ***OAK RIDGE RESIDENTS***

Get rid of unwanted, unsaleable items during the city's annual curbside household trash pickup beginning **April 4**. Check here for your neighborhood's pick up dates: <http://www.oakridgetn.gov/content.aspx?article=4889...>

## ON THE CALENDAR THIS WEEK

### **Friday, April 15**

9:00am Rummage Setup  
11:00am Tai Chi Practice  
6:00pm Rummage Preview Sale

### **Saturday, April 16**

9:00am Rummage Sale  
2:00pm Rummage Cleanup

### **Sunday, April 17**

Easter Sunday  
7:00am Easter Sunrise Service  
10:00am Worship Service  
11:00am High School  
11:00am Reflections  
11:00am Together in Spirit  
11:00am Yoga (Canceled)  
11:15am Circle IX  
11:15am Circle of Trust I  
11:15am Newcomers  
12:15pm Egg Hunt  
12:30pm OWL Grades 7-9  
12:30pm OWL Grades 10-12  
12:30pm Buddhism Study Group  
1:30pm Book Club  
2:00pm CANCELED Line Dancing  
3:00pm OWL 4-6 Grade  
4:00pm Circle of Trust XI  
5:30pm Circle of Trust X

### **Monday, April 18**

11:00am Tai Chi Practice  
6:50pm Meditation Learning and Practice Group  
7:15pm Monthly Leadership Training (Giving and Receiving Feedback)

### **Tuesday, April 19**

2:00pm (Rental) Friends of Literacy  
6:00pm Board Meeting  
6:00pm (Canceled) Nomadic Yoga  
6:00pm Depression & Anxiety Support Group

### **Wednesday, April 20**

6:30am Breakfast Rotary  
11:00am Tai Chi  
11:00am Circle of Trust VIII  
6:45pm Choir Practice  
7:45pm Band Rehearsal

### **Thursday, April 21**

11:00am Executive Team Meeting  
5:00pm Potluck  
6:50pm Meditation Learning and Practice Group



**Reminder: The deadline to submit news for the weekly Exponent is WEDNESDAY at NOON.** Please send news to Rachel at [communications@oruuc.org](mailto:communications@oruuc.org) **AND** Debby Crider at [newsletters@launchpad.faith](mailto:newsletters@launchpad.faith)

**Our mailing address is:**

809 Oak Ridge Turnpike  
Oak Ridge, TN 37830

[oruuc.org](http://oruuc.org) | 865-483-6761 | [office@oruuc.org](mailto:office@oruuc.org)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#)