




The Exponent

May 27-June 2, 2022

WORSHIP

THE
Good Goodbye
WORSHIP SERIES - WEEK 4



*The Depth &
Possibility in Loss*
May 29, 2022

Sunday, May 29, 10:00 AM "The Depth & Possibility in Loss"

Rev. Jake Leading Service

On this Memorial Day Sunday, as part of the "Good Goodbye" series, Jake and Tandy will explore grief in the parting from different angles: what's lost, what's left, and what's possible.

In-Service and Zoom. ZOOM door opens at 9:45 am. See link below.

The flowers in the Sanctuary Sunday morning are in loving memory of Elizabeth Peelle.

Order of Service [here](#) Go to [ORUUC](#) for zoom information.

Send Prayer Requests: prayers@oruuc.org or Text 865-224-6388

UP FRONT

Stone Soup



Final Friday of Every Month

**Menu: Asian Beef Vegetable Soup,
Fruit and Brownies**

Drive through the ORUUC parking lot to the front of the building where a volunteer will assist you. Please remain in your car and maintain a safe distance from other drivers.

Friday, May 27, 2022

**5:00 p.m. – 6:00 p.m. - Or Until Supplies Run Out
Pick up only**

809 Oak Ridge Turnpike, Stoplight #2

Oak Ridge Unitarian Universalist Church

(865) 483-6761



Special thanks to our Community Partners for participating in our meal:
Kroger Marketplace
Jewish Congregation of Oak Ridge



The Stone Soup Team is in need of more help for both cooking soup and baking in the future! We're looking for at least 4 more cooks who can be available most months to assist. Please consider joining the team starting in June!



Church Office Closed May 30

SAVE THE DATE

There will be a Congregational Meeting on **Sunday, June 19** at 11:15 a.m.
in the Sanctuary and on Zoom. Details to come!

It's Pledge Time!



Planning is underway for a new budget year, and we need your help! If you haven't done so already, there are several ways to make your pledge for the 2022-23 Fiscal Year, which begins July 1: Several of you have asked for traditional pledge cards, which are now available in the church lobby. If you'd like one mailed to you, or know someone who might, please call the church office at 865-483-6761 or email office@oruuc.org. And as always, you're welcome to set up your pledge online—<http://www.oruuc.org/pledge>. Online pledgers still need to go into Realm each spring to make a new pledge for the new fiscal year—even if your pledge amount remains the same. Questions? Give Jeannie a call! Thank you!

Date: _____ Name(s) _____
First time pledging? (circle one) **Yes** **No**
Email(s) _____
Phone _____

Pledge Options for Pledge Year 2022/2023
Fiscal year July 1, 2022 through June 30, 2023

To support ORUUC's shared ministry,
I pledge a total Yearly amount of \$ _____ for the fiscal year.

Gift schedule (Circle One): Weekly, Every Two Weeks, Monthly, (Quarterly - Sept, Dec, Mar, June), or Annually during the month of _____

Amount for each scheduled pledge payment: _____

Regular automated payments make it easy for households to maintain monthly pledge commitments as well as play a critical role in ORUUC planning, funding, and executing our shared ministry goals.
Would you like us to contact you about automating your pledge? **Yes** **No**

Make your pledge worry free by now by enrolling in automatic payments!
To make a pledge on line and setup auto-payments in one step go to
<https://onrealm.org/oruuc/AddPledge/2022n2023pledge>

ORUUC Endowment Fund

Have you wondered what the ORUUC Endowment Fund is, what it does, how it serves ORUUC and the wider community, how it operates, how you can contribute? Come to a short presentation where these questions and many more will be answered **this Sunday, May 29** in the Social Hall after the Service. A light lunch will be served following the presentation.

Rainbow Camp 2022

June 28-July 1



Rainbow Camp UPDATE: Registration for Campers and Counselors in Training is now CLOSED. Counselors are still needed. Check out this link for more information

and to register: [https://docs.google.com/forms/d/1-](https://docs.google.com/forms/d/1-X4vyUz7tPAd2LDUJXzQAw9jjECwY-7IPkE9kLT6lSU/edit)

[X4vyUz7tPAd2LDUJXzQAw9jjECwY-7IPkE9kLT6lSU/edit](https://docs.google.com/forms/d/1-X4vyUz7tPAd2LDUJXzQAw9jjECwY-7IPkE9kLT6lSU/edit)

Contact Christine Rehder at crehder@oruuc.org with questions.

SMALL TOYS NEEDED FOR BINGO PRIZES AT RAINBOW CAMP!



**PLEASE DONATE
BY DROPPING OFF
TOYS IN THE BOX
IN THE CHURCH
LOBBY. THANKS!**





Date & Time

Saturday, June 18, 2022

6:30 p.m. Program in the sanctuary honoring Jake and Tandy

7:30-10:30(ish) - The Good Goodbye Party in the Social Hall & Outdoors

Tandy and Jake's Good Goodbye Program and Party will be held Saturday, June 18 beginning at 6:30 p.m.

Please donate to the Good Goodbye Event Fund to offset costs. Here's how: Write a check with "Good Goodbye Event" in the memo line, text "ORUUC" to 73256, or go to <https://onrealm.org/oruuc/-/form/give/default>. Select "Good Goodbye Event" from the dropdown menu. **Questions? Please reach out to us directly at goodbye.oruuc@gmail.com.** Thank you! Good Goodbye Event Planners: Christy White, Charlene Luther, Liz McGeachy, Maureen Hoyt, Beth Meyer, and Gina Grubb



Photo courtesy of Sarah Gunter

ORUUC Softball Schedule

Tuesday, May 31, 6:00 PM
ORUUC - vs - Master Batters

Tuesday, June 7, 7:00 PM
Hamby's Hitters - vs - ORUUC

**Cheer on the team
at Carl Yearwood Park
on Bus Terminal Road!**



Come out to cheer on the ORUUC Softball Team playing on Tuesdays this Spring at Carl Yearwood Park on Bus Terminal Road! The team plays as part of the City of Oak Ridge's Recreation and Parks Department Spring Co-Ed Softball League.

Mother Goose



of Oak Ridge

Join us with your baby, toddler and/or preschooler for bouncing, tickling, touching, clapping and action rhymes, musical circle games, simple songs, and play.

**FIRST and THIRD Thursdays each month
at 10:30 AM
with "Father Goose" Michael Raymond**

We promote positive parent/child interaction as well as language and early brain development through traditional rhymes, circle games, musical activities, and simple play. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Nothing is charged for Mother Goose; it is freely and lovingly offered to all.

Mother Goose of Oak Ridge meets in the Oak Ridge Public Library Auditorium.

Mother Goose of Oak Ridge meets in Oak Ridge Library Auditorium



Line Dancing

Sunday, 3:00 pm

We teach line dancing. Through our dancing, we bring together total strangers through-out the Oak Ridge community. We learn a variety of dances, country, jazz, waltz and cha-chas. Close friendships are developed with the willingness to share individual talents with others. A donation of \$3.00 per session is suggested. For more information, contact Jo Curran or Steven Albright.



Tai Chi

M-W-F, 11-12 am

We minister to health & stability through learning & practicing tai chi. Tai chi has helped individuals maintain & improve their balance, strength, & blood pressure, & reduce knee, arm, shoulder & back pain. It has helped with MS, Alzheimer's, dropped cervix, bunions, & more. For more information, call Janet Hoegler at 865-963-5115.

ANNOUNCEMENTS

The Nominating Committee Needs YOU!

If anyone is interested in serving on the Board or Nominating Committee, please contact Hope McAtee at hopemcatee@gmail.com or via phone 309-306-2138. Thank you!

COVID-19 Update

The Covid-19 Task Force appreciates the feedback received during the Open Forum last Sunday, May 22 in the Sanctuary. The task force is currently updating its Pandemic Action Level (PALs) guidelines to incorporate the Covid-19 Community Levels data from the CDC. It will be sending its recommendations to the Executive Team for review within the next week.

The current Covid-19 Community Level for Anderson and surrounding counties is Low. The rest of the factors in our PALs guidelines put us at a Moderate risk level. As a task force, we continue to encourage church members and friends to get vaccinated and boosted. Wear a mask if you are more comfortable doing so; use your own judgment, based on your circumstances. If you have symptoms, a positive test, or known exposure to someone with Covid, please stay at home and worship with us on Zoom.

For the weekly Covid-19 data for Anderson County, click here: [Tennessee Department of Health Covid-19 Data](#). See this [link](#) for ORUUC's PALs reports and resources.

Know Your COVID-19 Community Level

Covid-19 Community Levels are a tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high, and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. [COVID-19 by County | CDC](#)

What Prevention Steps Should You Take Based on Your COVID-19 Community Level?

Low	Medium	High
<ul style="list-style-type: none">Stay up to date with COVID-19 vaccinesGet tested if you have symptoms	<ul style="list-style-type: none">If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautionsStay up to date with COVID-19 vaccinesGet tested if you have symptoms	<ul style="list-style-type: none">Wear a mask indoors in publicStay up to date with COVID-19 vaccinesGet tested if you have symptomsAdditional precautions may be needed for people at high risk for severe illness

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.



Get Free At-Home COVID-19 Tests

Every home in the U.S. is eligible to receive **four free at-home COVID-19 tests**. Orders usually ship in 7-12 days. Order tests now so you have them when you need them: <https://www.covidtests.gov/>

Note: At-home COVID-19 rapid test kits contain a small amount of sodium azide. To prevent accidental poisonings, poison control centers recommend the following tips:

- Store the kit “up and away,” out of the sight and reach of children and pets.
- Leave the kit sealed until needed and throw it away immediately after use.
- Make sure to read and follow the instructions on the package before using.

<https://blog.cincinnatichildrens.org/84/covid-19-home-test-kit-dangers-what-parents-need-to-know>



Our Split-the-Plate offering recipient today (the 5th Sunday of the month) is the Ministers' Discretionary Fund. This important fund is used by our ministers to provide immediate assistance to neighbors in need.

Give [HERE](#)

OUR ORUUC FAMILY

Caring for Each Other

Are you going through a difficult time? Are you in a situation where support and caring are needed--someone to do grocery shopping, take you to a doctor's appointment, or provide a meal following an upcoming surgery?

Contact Rev. Tandy Scheffler, Minister of Care & Connection, or the church office: (865) 483-6761 or office@oruuc.org or a Caring Coordinator!

Caring Coordinators for May.

Rachel Smith-Jones smithnjones3@comcast.net

603-252-2295

Irene Robbins Robbinsif1@comcast.net 865-207-0743



Caring Coordinators for June

Irene Robbins Robbinsif1@comcast.net

865-207-0743

Kate Holtkamp-Readle Kate.holtkamp@gmail.com

423-231-5482

If you are going through difficult times and would like emotional support, or are in any situation where support and caring are needed, contact

Rev. Tandy Scheffler, Minister of Care and Connection

Jeannie Cuevas, Office Administrator

(865) 483-6761 Office Hours M-F 10 AM to 4 PM office@oruuc.org

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.



Elizabeth Brown Peelle, age 89, died peacefully in her home on April 6, 2022, due to complications of dementia.

MEMORIAL SERVICE

May 28, 2022 at 10:30 AM

**Oak Ridge Unitarian Universalist Church,
809 Oak Ridge Turnpike Oak Ridge, TN 37830**

The family invites attendees to wear purple, her favorite color. A reception will follow.

The family requests that all attendees wear masks except when eating and drinking. Masks will be provided to all who don't have them as they come in the door. Social distancing will be followed in the Sanctuary and Social Hall. There will not be a receiving line.

For those who wish to attend the memorial on Zoom, please use this

link: [https://us06web.zoom.us/j/86347380651?pwd=dzICMk5SRnVEYjllYWcrMzduV](https://us06web.zoom.us/j/86347380651?pwd=dzICMk5SRnVEYjllYWcrMzduVWxLQT09)

[WxLQT09](https://www.weatherfordmortuary.com) Online condolences may be left at [weatherfordmortuary.com](https://www.weatherfordmortuary.com).

ORUUC LEADERSHIP

The ORUUC Board of Officers

President: Jim Nutaro
Past President: Val Herd
President-Elect: Michele Thornton
Secretary: Jason Fishel
Treasurer: Brandon White
Members-at-Large:
Shelaine Curd
Regina Guy
Nathaniel Bass
Ethan Coon

The ORUUC Executive Team

Rev. Jake Morrill
Christine Rehder
Christina Elliott
Debra Oscarson

Community/UU



There are still some open seats--don't believe that little voice saying you can't do it. Listen to Manderley's and Zen's encouraging instruction and give it a try. Contact Abbie Moore, or Manderley or Zen for more information.

PrideMass



Hosted by the Episcopal Church in East Tennessee, is **Friday, June 3!**

PrideMass, a worship service that honors all LGBTQ+ people, will take place at St. James Episcopal Church, Knoxville, TN (1101 N Broadway) at 6:30 pm on Friday, June

3rd. The event will feature the Rev. Kim Jackson as the guest homilist, along with the Rt. Rev. Brian L. Cole, Bishop of the Episcopal Diocese of East Tennessee, celebrating communion. Our featured organization this year, which will receive the offering, is Bryants Bridge. A "mini-Pride" reception will be held outside the church directly after the service with refreshments and booths featuring local organizations.

Pride Mass is open to all people from all backgrounds and faith traditions. The service will be broadcast from the Episcopal Church in East Tennessee Facebook page.

Check out the Facebook event page

here: <https://www.facebook.com/events/567602861637386>

OAK RIDGE
PUBLIC LIBRARY
PRESENTS
CHILDREN'S SUMMER
READING PROGRAM
2022

**OCEANS OF
POSSIBILITIES**

Step 1
Sign-up between May 23rd
through June 25th.

Step 2
Record all the books you
read in your designated
Reading Log.

Step 3
Return your Reading Log
no later than July 11th
to receive a prize pack
and ticket to the End of
Program Party!

**JOIN US
FOR SPECIAL EVENTS
MON & TUE AT 10:30 AM**

*Caregivers: Be sure to sign-up for the Adult Summer Reading Program

New Initiative at the United Way of Anderson County: Volunteers Needed!



The United Way of Anderson County is working on a pilot program to mentor those in need of financial assistance. We will give them the tools they need to be independent and self-sufficient. But we need your help to get this program rolling! It will take a lot of help from our community, churches, and businesses to work closely with the clients that call United Way for help. The program will be a great way to bring those in financial crisis and community helpers together.

We're looking for volunteers who are

- compassionate, non-judgmental, and able to maintain confidentiality
- good at financial management/understand budgeting
- good problem solvers and are open minded
- able to understand and respect program boundaries
- willing to offer 4 to 8 hours per month of their time

The United Way of Anderson County is hosting a class for interested volunteers on Friday, July 8 from 10 a.m. to 4 p.m. Lunch will be provided. We will meet at First Presbyterian Church of Oak Ridge in Room 102. Please call Debbie Jordan, Community Initiatives Coordinator at the United Way of Anderson County, at 865-483-8431 if you will be attending or you would like more information on how you can help. Together, we can make a difference in the lives of so many people in our community! Thank you!

ON THE CALENDAR THIS WEEK

Friday, May 27

10:00am Stone Soup Prep
11:00am Tai Chi Practice
2:00pm Stone Soup Prep
4:00pm Peelle Memorial Setup
5:00pm Stone Soup Community Meal

Saturday, May 28

9:00am (Setup) Peelle Memorial
10:30am Peelle Memorial Service
10:30am (Zoom) Peelle Memorial Service
5:00pm (Rental) Fishel Graduation Party

Sunday, May 29

10:00am Worship Service
11:00am High School
11:00am Reflections
11:00am Together in Spirit
11:15am Endowment Committee Legacy Giving Luncheon
11:15am Newcomers
12:30pm Buddhism Study Group
2:00pm (3-5pm) Line Dancing

Monday, May 30

Memorial Day
Office Closed
11:00am Tai Chi Practice
6:50pm Meditation Learning and Practice Group

Tuesday, May 31

2:00pm (Rental) Friends of Literacy
5:00pm Caring Coordinators Transition Meeting
6:00pm Depression & Anxiety Support Group

Wednesday, June 1

6:30am Breakfast Rotary
11:00am Tai Chi
11:00am Circle of Trust VIII
6:45pm Choir Practice
7:45pm Band Rehearsal

Thursday, June 2

2:00pm Executive Team Meeting
5:45pm Potluck
6:50pm Meditation Learning and Practice Group

Reminder: The deadline to submit news for the weekly Exponent is WEDNESDAY at NOON. Please send news to Rachel at communications@oruuc.org **AND** Debby Crider

at newsletters@launchpad.faith

Our mailing address is:

809 Oak Ridge Turnpike
Oak Ridge, TN 37830

oruuc.org | 865-483-6761 | office@oruuc.org

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

