Page 1 of 8 PAL Matrix – Determining Risk Level and Recommended Actions Based on CDC Community Levels Updated 05/26/2022 Reviewed by Executive Team 06/02/2022

Responsibilities:

Ministers and Executive Team

- Ensure PALs Indicators are updated weekly to determine Risk Level
- Decide on Recommended Actions to be taken based on Risk Level and discretion
- Communicate Risk Level and Actions that will be taken to the congregation

SMA Leader, Ministers, or Director of Faith Formation

- Communicate expectations for following all applicable Recommended Actions and safety protocols
- Ensure everyone working with youth (all ages) is vaccinated

Church Member, Friend, or Visitor

• Follow all applicable Recommended Actions and safety protocols, speak up if you observe something you feel is unsafe

<u>All</u>

- People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.
- Follow CDC Recommendations for Isolation and Quarantine (<u>https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html</u>) if you are exposed, are sick, or test positive. (See p. 6-7 of this document)

Data Obtained: 1/6/2023	
Community Level For:	
Anderson County	LOW
Knox County	LOW
Morgan County	LOW
Roane County	LOW

Source: https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html

INDICATIONS			
HIGH	MEDIUM	LOW	
At least one of the four counties (Anderson, Knox, Roane, and Morgan) comprising the majority of the congregation have a CDC Community Level of HIGH.	At least one of the four counties (Anderson, Knox, Roane, and Morgan) comprising the majority of the congregation have a CDC Community Level of MEDIUM.	The four counties (Anderson, Knox, Roane, and Morgan) comprising the majority of the congregation have CDC Community Level of LOW.	

RISK LEVEL	RECOMMENDED CHURCH ACTIONS – for use	with discretion by Minister(s) and Executive Team
LOW	 Building open for: Worship services (with online Zoom op Faith Formation Memorial Services Rentals Other activities Outdoor areas open for activities with norr Specific activities and recommended action Stay up to date on vaccines Wear a mask or stay home if you and activities 	nal approval process. ns:
	Indoor Activities	
	Outdoor Activities	

RISK LEVEL	RECOMMENDED ACTIONS – for use with discretion by Minister(s) and Executive Team		
MEDIUM	1. Building open for:		
	Worship services (with online Zoom option)		
	Faith Formation		
	Memorial Services		
	Rentals		
	Other activities		
	 Outdoor areas open for activities with normal approval process. Specific activities and recommended actions: 		
	 If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions 		
	 Stay up to date on vaccines 		
	 Wear a mask or stay home if you are feeling sick 		
	 Get tested if you feel sick and follow CDC recommendations for those with Covid or Close Contact 		
	Indoor Activities		
	Outdoor Activities		

Page **4** of **8** PAL Matrix – Determining Risk Level and Recommended Actions Based on CDC Community Levels Updated 05/26/2022 Reviewed by Executive Team 06/02/2022

RISK LEVEL	RECOMMENDED ACTIONS – for use with discretion by Minister(s) and Executive Team	
HIGH	 1. Building open for: Worship services (with online Zoom option) Faith Formation Memorial Services Rentals Other activities 2. Outdoor areas open for activities with normal approval process. 3. Specific activities and recommended actions: Wear a mask indoors Stay up to date on vaccines Wear a mask or stay home if you are feeling sick Get tested if you feel sick and follow CDC recommendations for those with Covid or Close Contact Additional precautions may be needed for people at high risk for severe illness 	
	Indoor Activities Image: Control of the second	

Page 5 of 8 PAL Matrix – Determining Risk Level and Recommended Actions Based on CDC Community Levels Updated 05/26/2022 Reviewed by Executive Team 06/02/2022

Safety Protocol Legend		
T	Wear a mask	
∱ ` ∲	Social Distance (at least 6 feet)	
	Eating and drinking are not allowed	
	Eating and drinking are allowed	
	Singing is allowed	
P a	Sick with an undiagnosed illness, e.g., a cold, sinus infection, allergies	

Further Recommendations and Guidance

- Get vaccinated and stay up to date on your Covid-19 vaccinations
 - o Vaccine Information
- If you are at a higher risk
 - o Covid 19 Information for Specific Groups of People
 - o Medical Conditions Associated with Higher Risk of Severe Covid

Page 6 of 8 PAL Matrix – Determining Risk Level and Recommended Actions Based on CDC Community Levels Updated 05/26/2022 Reviewed by Executive Team 06/02/2022

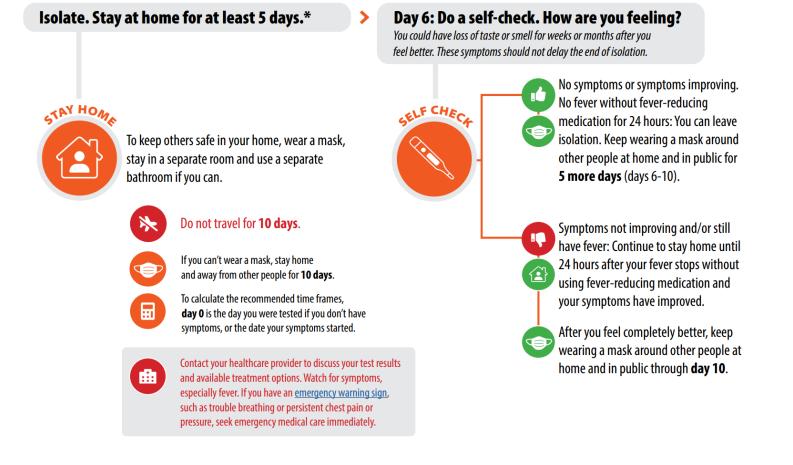
- If you feel sick
 - What to Do if You are Sick
- Additional Resources
 - o General prevention: How to Protect Yourself and Others

Page 7 of 8 PAL Matrix – Determining Risk Level and Recommended Actions Based on CDC Community Levels Updated 05/26/2022 Reviewed by Executive Team 06/02/2022

Recommendations for People with COVID-19

Have you tested positive for COVID-19 or have mild symptoms and are waiting for test results?

Here's What To Do:





U.S. Department of Health and Human Services Centers for Disease Control and Prevention *If you are <u>moderately or severely ill</u> (including being hospitalized or requiring intensive care or ventilation support) or <u>immunocompromised</u>, please talk to your healthcare provider about when you can <u>end isolation</u>. Please refer to <u>COVID-19 Quarantine and Isolation</u> for guidance on isolation in healthcare settings and high risk congregate settings (such as correctional and detention facilities, homeless shelters, or cruise ships).

