February 10-16 2023

In this issue >>>

This Sunday (pg.2)
New Member Welcome (pg. 4)
Family News (pg.7)
Community News (pg.8)
Covid Update (pg.10)
Church Calendar (pg.11)



News from Oak Ridge Unitarian Universalist Church

The Exponent



Hugs n' Quiches Potluck Brunch This Sunday at 11:15

After worship this Sunday, Rev. Lisa will lead a discussion on the UUA's proposal to eliminate the 7 Principles. All are invited to this special Faith Formation hour and potluck brunch.

Bring a quiche or frittata to

share! The church will provide salad, vegan/gluten free soup, cookies and drinks. There will be a craft time for children following lunch. Childcare will be available for children ages 5 and under for the duration of the event. All regular Faith Formation classes are canceled.

Need a ride? Give Whitney Cole, Multigenerational Coordinator, a call: 865-394-0626. If you're willing to provide a ride, connect with Whitney. Thank you!



Starting the Discussion

Rev. Lisa Romantum Schwartz, Interim Minister

When the Unitarians and Universalists came together in a new faith group over 60 years ago, there was much give-and-take and compromise. There were many overlaps between the two groups, but significant differences had to be hammered out.

As befitted the middle of the 20th century, the groups set out their compromises in their new bylaws. That makes a lot of sense organizationally, but not as much sense theologically. (Bylaws are famously not poetic, or even evocative.)

The new Unitarian Universalists shared two certainties: They didn't want a creed (a set of beliefs to which every UU had to agree), and they wanted their faith to continue to evolve and change. Thus, they wrote into their bylaws the requirement that their statement of values (principles) MUST be regularly reviewed and revised.

The current proposal is a DRAFT of changes that will come before delegates to General Assembly in late June of this year. Between now and

then, it's important for UUs to look at the proposal and ponder their response. If the delegates to General Assembly vote to adopt this DRAFT PROPOSAL this summer, UUs will engage with the proposal and suggest edits and amendments to improve the language. A vote to adopt a final (as yet to be written) proposal wouldn't

Take a look at the proposal: https://www.oruuc.org/uua-article-2-study-committee.

happen before June 2024.

The new PROPOSED DRAFT begins on Page 19. The Study Commission recommends three readings: Once to get an

idea of it, twice to pay attention to your feelings about it, and a third time before starting to propose changes.

This Sunday at ORUUC, we'll start the discussion. It won't be the only chance to talk about this proposed draft before GA, but it's likely the biggest all-church event convened for this purpose. Plan to attend!

Graphic credit: UU lay leader Tanya Webster created the above graphic for us to experience the concepts more deeply.

This Sunday, Feb. 12 Hugs n' Quiches and Liberating Love

The UUA is in the midst of a deep dive into our core identity. The planned exploration of how to revise the Seven Principles has evolved into a proposal to replace the principles altogether, and center our faith in transformative love. What would that look like? Interim Minister Rev. Lisa Romantum Schwartz will explore the new proposal, and then we'll gather for a potluck lunch and an opportunity to listen and learn

Worship with us at 10 a.m. in person or on Zoom. Zoom door opens at 9:45 a.m. Go to Sunday Worship Info — ORUUC for Zoom information.

The Order of Service may be found here.
Email or Text Prayer Requests to



February Split the Plate: Aid to Distressed Families of Appalachian Counties (ADFAC)

Adult and Youth Faith Formation Classes are CANCELED TODAY. Join us for a potluck brunch and discussion on the Article 2 Study!

This week, the CDC Covid-19 Community Levels are **Low** for Anderson, Knox, and Morgan counties; Roane County is **Medium**. Masks are not required in the building; however, we encourage you to do what makes you feel comfortable.

It's tax time! Need a tax statement detailing your charitable giving to ORUUC in 2022?

prayers@oruuc.org



Call the church office at 865-483-6761 or email office@oruuc.org and Jeannie can print a copy and mail it to you. OR you can log into your Realm account and download the information. Go to

https://onrealm.org/oruuc/Account/Start Once you've logged in, select "Giving" and then "Year to Date." Change the date frame by typing it or clicking on the calendar icon. Then select "Filter." The result will be a report of your 2022 giving record. Click the printer icon and then select "Download" to generate a pdf of your record that you can save to your computer and print.

Aid to Distressed Families of Appalachian Counties

Our Split-the-Plate offering for February is Aid to Distressed Families of Appalachian Counties (ADFAC). ADFAC began in the mid 1980's as a local ecumenical effort to provide assistance to impoverished families. As the broad needs of the low-income community became evident. the faith-based collaborative moved to become a 501(c)(3) public charity in January 1987. Over the years, ADFAC has honored its roots by developing a variety of programs designed to meet unfilled needs in the community, and currently answers over 6,000 requests for assistance each year.



ADFAC is the prime and preeminent social service agency in Oak Ridge and surrounding counties. Not only does ADFAC provide direct services to our needy community, it is also the clearing house for most other local social service agencies and churches. For more information on ADFAC, visit https://www.adfac.org/. Please GIVE HERE as you are willing and able or text

Please GIVE HERE as you are willing and able, or text "ORUUC" to 73256.

Announcements

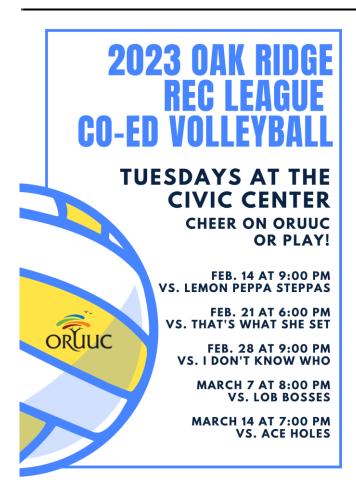


COFFEHOUSE TALENT SHOW

FRIDAY, MARCH 10 6:30 P.M. SUPPER AND SOCIAL 7 P.M. PROGRAM

Rescheduled from NYE—this your chance! Live out a performance fantasy! Ham it up! Build some experience performing in front of people! Blow people's minds by unveiling a unique talent you've been keeping to yourself!

Advance sign-up is required for all performers. Contact Nancy Starr at starroakridge@gmail.com or mobile 865-742-9993. All ages and talents welcome!



Contact Shelaine Curd or Christina Elliott with questions, or just show up to play or watch!

PFLAG MEETING

Monday, Feb. 13, 2023 Social 6:45 pm; Meeting 7-8 pm Everyone invited

Jewish Congregation of Oak Ridge 101 W. Madison Lane, Oak Ridge, TN

How Do Libraries Choose Books?

Efforts to ban books in schools and community libraries nationally, in Tennessee, and locally have recently been in the news. Librarians from 3 local libraries will discuss rules for choosing books, vetting books, and recent efforts by special interest groups to restrict certain books.

The Oak Ridge Chapter of PFLAG meets monthly, rotating the venue among local faith communities: First Presbyterian, First United Methodist, United Church - Chapel on the Hill, and Oak Ridge Unitarian Universalist Churches, and the Jewish Congregation of Oak Ridge.

For more information about the meeting, go to https://fb.me/e/qUUcNz99f. For more information about the PFLAG Oak Ridge group, contact Anne Backus at backusanne@comcast.net.



Zenderley Art Workshops: Every Thursday through March! Led by Manderley Swain and Zen Lane. Please let us know by Wednesday each week if you are planning to attend. We'll check comments of the Facebook group post - just be sure to add a date with your reply like, "I'm coming to the Feb. 16 workshop." Let this be the year you take that step toward learning new skills or improving those you have! ~Abbie Moore

New Member Welcome



Anne Child

I grew up in Oak Ridge, but moved away to Austin, Texas for 38 years. I was married to the love of my life, Garry Child, another Oak Ridger, and we both worked as computer programmers until we retired early. We volunteered with the spay/neuter clinic for stray cats, but mostly dove into being Texas Master Naturalists, where we eradicated invasive plants and maintained trails. But my main activity is advocate, group leader, and regional coordinator for RESULTS, a citizens lobby influencing the U.S. Congress to address issues of poverty globally and in the U.S.

After Garry died in 2018, I moved back to Oak Ridge so I could benefit from being with family; I live with Louise and am near my mother-in-law. As one of four daughters of founding members, Helen & Hank McKown, I already knew some ORUUC members, so enjoyed volunteering with the rummage sale, Ecumenical Storehouse, Morgan/Scott food truck delivery, and maintenance activities. When asked to co-chair the memorial garden committee, Rev. Jake told me I needed to be a member, so I began that process.



Interested in attending General Assembly June 21-25 in Pittsburgh? Check out this webpage for more info:

GA Housing Reservation System is Now Open! (constantcontact.com)



Janet Fryer

My husband and I recently relocated to Oak Ridge from Chicagoland. I have attended various UU congregations since college, as I did not embrace my protestant upbringing. I appreciate a faith community that allows for diversity in beliefs and focuses on values rather than creed.

I decided to become a member of ORUUC because of the welcoming congregation, the quality of Sunday services, and the commitment to supporting local agencies serving those in need.

I enjoy knitting and gardening. I am learning to linedance with the group that meets at ORUUC. I am hoping to find a full-time job in the area.

You may have seen me serving as an usher during the offertory. I hope you will join me in sorting and pricing items for the upcoming rummage sale (as I did for the last one).



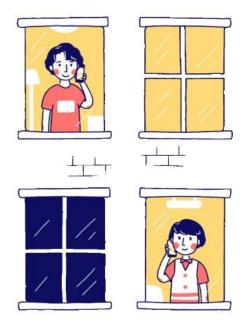
It's time for the Executive Team to refresh and renew the information for the Church's Shared Ministry Agreements (SMAs and EFMAs). In past years, SMA and EFMA leaders had until April 1st to get the info together, but APRIL FOOL'S, we're trying to get things sorted in a more timely fashion this year. Please fill out the appropriate form using the link provided by March 6th:

SMA https://form.jotform.com/oruucsignups/shared-ministry-agreement

EFMA https://form.jotform.com/oruucsignups/EFMA

Thank you in advance for your timely response! Contact Jeannie in the church office with questions.

Caring for Each Other



Are you going through a difficult time? Are you in a situation where support and caring are needed--someone to do grocery shopping, take you to a doctor's appointment, or provide a meal following an upcoming surgery? Contact the church office: (865) 483-6761 or office@oruuc.org or a Caring Coordinator!

Caring Coordinators for February

Jami Garner <u>Jamigarner@me.com</u> 865-250-5505 Hope Waddle <u>karasue54@gmail.com</u> 865-254-4006

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

Volunteer Opportunities



The Free Medical Clinic is partnering with Remote Area Medical (RAM) to provide a FREE Pop-Up Clinic at the Oak Ridge Civic Center on Feb 18-19. Volunteers can register here https://www.ramusa.org/volunteer-with-us/ If you are a non-medical volunteer, when you get to the section titled "Profession or Volunteer Classification," choose General Support from the drop down menu under "Event Area" and General Support from "Profession/Classification." Questions? The RAM point of contact can be reached at kristinasoliza@ramusa.org or 865-579-1530.

PATIENTS: For more information on this clinic, visit https://www.ramusa.org/event/oak-ridge-tn-2023/?instance_id=584&fbclid=lwAR3H4sEgFdttzgTAQu-wwWQTkY11BATTe3OrrHSxT-g9EyQaaqW5NwcRVBg.

Pack and Deliver Food For Kids March 6 and 7 at First United Methodist Church



Mark your calendar for Spring Packing Dates:

Monday, March 6: Packing begins at 12 noon Tuesday, March 7: 8:30 a.m. Delivery to schools

Monday, April 10: Packing begins at 12 noon Tuesday, April 11: 8:30 a.m. Delivery to schools

Monday, May 1: Packing begins at 12 noon Tuesday, May 2: 8:30 a.m. Delivery to schools

Questions? Contact Cara Weigel at 865-806-7544. The multipurpose room at First United Methodist Church of Oak Ridge can be accessed via the back entrance on the Vienna Road side of the building. On street parking is available. Help is also needed around 10:00-10:30 on Monday when the Second Harvest truck arrives. Once Second Harvest brings in the food on pallets, help is needed unloading the boxes from the pallets to the tables; lifting is involved.

Ongoing Activities at ORUUC



Line Dancing

Sundays at 3 p.m.

We learn a variety of dances: country, jazz, waltz and cha-chas. Through our dancing, we bring together total strangers in the community and develop close friendships with the willingness to share individual talents with others. A donation of \$3 per session is suggested .For more information, contact Jo Curran or Steven Albright.



Tai Chi

Mondays, Wednesdays, Fridays
11 a.m. – 12 noon We minister to
health & stability through learning &
practicing tai chi. Help maintain &
improve balance, strength, and
blood pressure, and reduce knee,
arm, shoulder & back pain. For more
information call Janet Hoegler at
865-963-5115.



Join the Ukulele Group! Our next practice is Saturday, Feb. 11 at 3 p.m. in the Sanctuary. If you're interested in trying something new this year, stop by! We're still working on Hotel California for the next Coffeehouse, March 10. We'd love to have you join us. Abbie Moore abbie.moore@icloud.com

RUMMAGE WEEK is February 25-March 4



Donations Needed

Here's a list to help you start putting things aside to donate for the upcoming Rummage Sale

Friday, March 3 (Pre-Sale) & Saturday, March 4 (Main Sale).

Questions? Email <u>oruucrummage@gmail.com</u>.

We'll gratefully accept the following items in <u>resalable</u> condition:

- **Clothing & Linens**: Washed, no tears, stains, mildewed, or strong odors from cigarettes, pets or moth-balls. It would be helpful to fold clothing and put in clean trash bags.
- **Upholstered Furniture & Area Rugs**: No significant tears, no stains, no mildew, or strong cigarette or pet odors.
- **Wood or Solid Furniture**: Not broken or badly dented or water damaged, and not missing any vital parts. Minor dents or scratches are acceptable.
- **Televisions**: Flat screens, still in good working condition, less than 5 years old, with no missing nobs or buttons. Minor dents or scratches are acceptable. No big projection TVs or consoles.
- **Electronics**: Still in good working condition stereo components and speakers, computers only with flat screen monitors.
- **Appliances**: Only small, still in good working condition such as toasters and microwave ovens, mixers, etc. No missing knobs or buttons. Minor dents or scratches are acceptable.
- Miscellaneous Items: Toys, tools, music instruments, patio furniture and décor items, knickknacks, books (no school textbooks or magazines please,) artwork, clean area rugs, dishes, pots/pans, shoes, antiques, and jewelry.

Things we are unable to accept:

There wouldn't be a Rummage Sale without our volunteers and your generous donations! You can help us greatly reduce work for our volunteers by disposing of items not in resale condition.

- Anything that is wet from rain or floods, etc. or otherwise damaged
- Combustible fuel in any tanks or containers
- Console stereos or TVs, big projection TVs, or any that are older than 5 years, are not working, and those missing knobs or buttons
- Child car-seats
- Baby cribs with a sliding side rail
- Building materials, including paint and carpet remnants**
- Auto parts
- Electronics not in working condition
- Mattresses*
- Large appliances such as dishwashers, stoves and refrigerators, etc.*
- Large exercise equipment (treadmills, elliptical machines, etc)*
- Pianos or organs
- Slate-top pool tables
- Safety helmets, including baseball, football, and cycling helmets

Family News

Mountain CON

Registration Deadlines

Intermediate (Grades 6-8): Friday, Feb. 17 to attend Spring CON March 3-5

Senior (Grades 9-12): Friday, March 2 to attend Spring CON March 17-19



Registration is now open for Intermediate and Senior Spring CONs at The Mountain Retreat and Learning Center in Highlands,

NC. Register at

https://www.themountainrlc.org/spring-intermediatecon and https://www.themountainrlc.org/spring-highschool-con.

Contact Director of Faith Formation Christine Rehder at crehder@oruuc.org once you've registered or if you have questions.

Teens! Did you know you can earn \$10 an hour (up to \$1,000) for your Youth Trip Fund by volunteering to help with

Rummage? Email oruucrummage@gmail.com Rummage Team Leaders are Christina Elliott and Amanda Fishel. High schoolers: sign up on Discord.

SPRING **RUMMAGE** is March 3-4



Big Rummage Pick Up: Saturday, Feb. 25 starting at 9 a.m.

Rummage Donation Drop Offs:

Sunday, Feb. 26 through Thursday, March 2

> **Preview Sale:** Friday, March 3

6-8 p.m. (all prices double)

Sale: Saturday, March 4 9 a.m. - 2 p.m. ORUUC



Do you have children in your household from birth through high school? Join our monthly **Connecting in Spirit** Family Newsletter mailing list! Email Rachel at

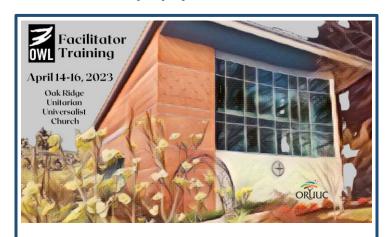
communications@oruuc.org





Join "Father Goose" Michael Raymond Thursday, Feb. 16 at 10:30 a.m. at the Oak Ridge Public Library Auditorium for this free **program!** For more information, go to ORPL Children's Programming. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home.

Mother Goose is held on the First and Third **Thursdays each month at 10:30 a.m.,** and is geared toward babies, toddlers, and preschoolers. This program promotes positive parent/child interaction, language and early brain development through traditional rhymes, circle games, musical activities, and simple play.



ORUUC is hosting an in-person training in April for anyone interested in becoming a facilitator of the Our Whole Lives (OWL) lifespan sexuality curriculum. This training will cover the Secondary OWL curriculum for Grades 7-9 and Grades 10-12.

Interested? Go to

https://www.oruuc.org/owl-facilitatortraining. Contact Christine Rehder at crehder@oruuc.org with questions.

Community News





25

SATURDAY, FEBRUARY 25, 2023 AT 9:00 AM EST

Abundant LUUv and the 8th Principle of Unitarian Universalism Workshop-Featuring Rev. Duncan Teague

Tennessee Valley Unitarian Universalist Church

Tennessee Valley Unitarian Universalist Church warmly invites and welcomes members and friends of the East Tennessee UU Cluster (Foothills, Westside, Oak Ridge, and TVUUC) to attend a workshop with the Rev. Duncan Teague. Rev. Teague will discuss his work in Atlanta founding the Abundant LUUv Unitarian Universalist community ("A West End Unitarian Universalist congregation in Atlanta, centered in the African American religious tradition, where we welcome your authentic self to join us in community-centered work.") and how they are bringing the 8th Principle of Unitarian Universalism to life.

The workshop will be held at Tennessee Valley Unitarian Universalist Church in the Greg McKendry Fellowship Hall on Feb. 25th. Doors open at 8:15 am and light refreshments will be available. The program will start at 9:00 am and end at 2:00 pm. Lunch will be provided. Please RSVP so we can order enough food. Please use this link to register-

https://forms.gle/F9q5sScXYVOW6P4a7

The Tennessee Valley Unitarian Universalist Church (TVUUC) community adopted the 8th Principle in June of 2021: "We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."

This workshop is being sponsored by the TVUUC 8th Principle Task Force, with the help of a generous grant from the TVUUC Endowment Fund. You can email markmohundro@tvuuc.net with any questions.

Facebook event: https://fb.me/e/3ZZ3yYa4R



Eventbrite Registration:

www.eventbrite.com/e/scarboro-85-monument-kickoff-luncheon-tickets-514041310397

Contact: John Spratling (865) 363-9759, jspratling@ortn.edu

Tickets: \$50.00 Table sponsorships: \$1,000

Make checks payable to: United Way of Anderson County Scarboro 85 Monument, P.O. Box 4158 Oak Ridge, TN 37831

Scarboro 85 Monument Luncheon: Thursday, Feb. 23 at 11:00 a.m. at the DoubleTree by Hilton in Oak Ridge. Tickets are \$50 each with the option for table sponsorships. Hear Civil Rights Activist and Minister, the Rev. Dr. Harold Middlebrook, and learn about plans to erect a monument in recognition of the 1955 integration of ORHS and Robertsville Junior High School https://www.eventbrite.com/e/scarboro-85-monument-kickoff-luncheon-tickets-514041310397 Contact John Spratling at 865-363-9759 or ispratling@ortn.edu for more information.

Celebrate Black History Month by working to become a better ally in your day-to-day conversations!

Speak Up! Online Workshop
February 15, 6:30-8 p.m. on Zoom
The Pledge to End Racism · Online Speak
Up! Workshop Registration (Iglforms.com)
Stopping everyday bigotry starts with speaking up when
you hear it, and speaking up is a lot easier if you can
practice in a safe space with people who are committed
to building a community that is more inclusive and
welcoming. We'll use role-playing with real-world
scenarios that you may have encountered at work, at
school, among friends and family, and in public places to
help us practice speaking up to bigotry. The Richmond
Pledge is partnering with Coming Together Virginia
and Richmond Hill to offer this stand-alone Speak
Up! workshop.

Ministerial Search News



The Nominating Committee met on January 18 with all members present. The committee members are Amanda Sunshine, Steven Barker, Robin Naughton, Sheila Norton, and Nancy Highfill. We were joined by Michele Thornton (representing the board) and Rev Lisa.

We are gathering information for search committee selection and making plans to be in contact with all church members. We will be holding "listening sessions" after church. ~Nancy Lain Highfill



Check out the **Ministerial Search Information Page** in the **Members Section** of our website. This page will be updated regularly. http://www.oruuc.org/min-search-hub (Password ORUUC809)

Church Pantry Needs



Please pick up some of these non-perishables when you're out shopping:

Canned Meats (Tuna, Chicken, etc.)
Peanut Butter
Canned Soups
Canned Pasta/Meat Meals
Canned Fruit
Canned Green Vegetables
Individual Snack Crackers

Donations may be dropped off in the church lobby during office hours (M-F, 9 a.m.-3 p.m.) or on Sundays. Thank you!

ORUUC Covid-19 Update

Covid-19 Community Levels are a tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be Low, Medium, or High, and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. COVID-19 by County | CDC

The CDC's Covid-19 Community Levels for Anderson, Knox, and Morgan counties are LOW; Roane County is MEDIUM. Masks are not required at ORUUC in the building; eating and drinking is permitted indoors. For the entire report, check out our webpage: http://www.oruuc.org/phased-reopening-plan



Rock to Bach Music Festival and Fundraiser is back!
Saturday, Feb. 18, 10 a.m. to 7:30 p.m. at ORUUC

For the fifth time, ORUUC will host the Oak Ridge Rock to Bach Music Festival, a fundraiser for the Oak Ridge Civic Music Association. ORCMA is the umbrella organization for the Oak Ridge Symphony Orchestra, Oak Ridge Chorus, Oak Ridge Chamber Music Series, and the free Family Concert and Coffee Concert series.

After a hiatus of three years because of the COVID-19 pandemic, **Rock to Bach is back, returning on Saturday, Feb. 18, from 10 a.m. to 5 p.m.** The doors open at 9:30 a.m., giving early attendees a chance to look over and bid on the silent auction items. Here is your chance to enjoy live music all day, coffee and sweets in the morning, and sandwiches and drinks for lunch.

You can come and go as you please or stay all day for a low cover charge of the advanced ticket price of \$12 or the same day charge of \$15. The cost for children ages 5 to 18 is \$5 per child, and for families of three or more, \$30. Children under the age of five get in free. Tickets can be purchased at the Ferrell Shop, TNBank, or the ORCMA office, 118 E. Division Rd.

In a separate fundraiser, a buffet dinner provided by Birdwell Catering and Irish music performed by Four Leaf Peat will be offered between 5:15 and 7:30 p.m. Learn about the menu offerings and make your reservation for the \$70 dinner by Feb. 15 by calling the ORCMA office at 865-483-5569. The Rock to Bach Celebration Dinner, which is preceded with wine and cheese appetizers, will start at 5:45 p.m.

The following individuals and bands will be performing in the music festival: Melony Dodson, pianist and WUOT classical music host and producer; Alex Engle, Oak Ridge soprano (opera music); Battle Brass (swing music); Jorge Veriago (original bass clarinet and electronic music); Oak Valley Baptist Church Voices of Praise (gospel music); Mt. LeConte Jug Band (Americana music); Elza Gate (acoustic Southern mountain and bluegrass music); Liz and Tim Folk Duo (original and traditional songs); Missing Goats (Irish, Americana, folk and bluegrass music); Roane State Community College Bluegrass Band; Silver Winds Flute Choir; Tanasi Winds (woodwind quintet); Secret City Winds; Shadyland (jazz and funk music), and the Knoxville Classical Guitar Ensemble.

Thank you to Carolyn Krause for providing this information!

This Week at ORUUUC

Friday, Feb. 10

11am Tai Chi Practice4pm Endowment Committee

Saturday, Feb. 11

3pm Ukulele 4pm Rental (Cross of Burgundy)

Sunday, Feb. 12

8:15am Circle of Trust VII 10am Worship (All FF classes canceled)

11am High School (Canceled)11am Together in Spirit (Canceled)

11:15am Hugs n' Quiches Potluck Lunch/ FF Hour Discussion

11:15am Circle of Trust IV11:15am Newcomers (Canceled)

11:15am Reflections (Canceled)

11:30am Circle of Trust II

12:00pm Circle of Trust V

12:30pm Bridging: Parents

12:30pm Buddhism Study Group

1:00pm Circle of Trust VI

2pm(3-5pm) Line Dancing

4pm Grades 5/6 OWL

Monday, Feb. 13

11am Tai Chi Practice6:50pm Meditation Learning andPractice Group

The deadline to submit news for The Exponent is Wednesday at noon! Please send news, comments, and feedback to Rachel at communications@oruuc.org.

Tuesday, Feb. 14

6pm Presidents Council 6pm Depression & Anxiety Support Group

Wednesday, Feb. 15

6:30am Breakfast Rotary 11am Tai Chi Practice 11am Circle of Trust VIII 6:45pm Choir Practice 7:45pm Band Practice

Thursday, Feb. 16

1:30pm Executive Team Meeting6pm Potluck6:30pm Zenderley Art Workshop6:50pm Meditation Learning andPractice Group

ORUUC Weather Closure Policy

Weekdays: If Oak Ridge City
Schools are closed, the church
office will be closed.
Sundays: A decision will be made
by 9 a.m. whether to have inperson worship. Please check
your email and the ORUUC
Facebook group for updates.
Weeknight and Saturday events:
A decision will be made one hour
prior. Check email and Facebook.



809 Oak Ridge Turnpike Oak Ridge, TN 37830 Contact us at 865-483-6761 http://www.oruuc.org/





The ORUUC Board of Trustees

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Past President: Jim Nutaro
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Secretary: Nathaniel Bass
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Charles Davis
Jami Garner
Ethan Coon

The ORUUC Executive Team

Rev. Lisa Schwartz

Christine Rehder
Christina Elliott
Amanda Fishel

Jeannie Cuevas, Office Admininstrator

Next Sunday, Feb. 19 Guest Speaker: Jane Flanagan



Sunday, Feb. 26 Maintaining your Balance When the World is Off its Rocker Rev. Lisa Romantum Schwartz

Rev. Lisa Romantum Schwartz, Interim Minister

What does it mean to be "rooted in love?" How do we maintain connections within our faith, let alone with others whose perspectives are very different from our own? Is it possible to move past isolation and fear and into relationship with folks who aren't just like us?