February 24-March 2, 2023

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News from Oak Ridge Unitarian Universalist Church

The Exponent



Stone Soup is TODAY!

This afternoon beginning at 5:30 p.m., community members are invited to drive thru the parking lot ORUUC to pick up a free meal for themselves, family, friends, or neighbors. On the menu this month: African Harvest Soup with Tahini, Fresh Fruit, and Congo Bars. Meals and bags of nonperishable groceries will be distributed until 6:30 p.m., or until supplies run out.

This month's soup is a flavorful traditional soup, Mary Beth Robison, one of the Stone Soup volunteers, said Tuesday when meal preparations began. African Harvest Soup is a vegetarian/vegan option; it contains sweet potatoes, cabbage, tomatoes, onions, garlic, ginger, apple concentrate, and tahini, a sesame seed paste substitute for peanut butter.

"People who have been coming to our meals for a while like this soup," Robinson said. "It's a favorite."

Thanks to the many volunteers, and our community partners, the Jewish Congregation of Oak Ridge and Kroger Marketplace, for making this free meal possible!



Jen Stark photo

UU Christians

Gina Grubb, Worship Coordinator

Christians have always been a part of the UU faith tradition, because Unitarianism and Universalism both have roots in Protestant Christianity. But 21st century Unitarian Universalism — and Christianity, for that matter — look very different today than it did to our faith ancestors. UU Christian interest in Jesus and Scripture, however, have never left this movement.

So what do UU Christians believe and do? That is honestly up to each individual. But, collectively, we here at ORUUC have decided to meet at least once a to share communion and a meal... and talk about Jesus.

This ritual of communion is most likely the oldest in the Christian faith. Sometime around 55 AD, Paul wrote about it in one of his letters to the new church in Corinth. That was roughly 20 years after Jesus was crucified.

What exactly is communion? It is a ritual modeled after the words and actions of Jesus during the last meal he shared with his disciples and friends as written in three of the four gospels of the New Testament.

Jesus was a brown-skinned, homeless, unemployed, rebel-rouser who questioned the abuses of authority. He had just spent several years traveling the area around Jerusalem healing bodies and souls with his message of love and hope during an otherwise dark time of oppression.

He empowered his followers with his example of a new love so deep and

Communion

unconditional that it threatened the establishment of the day. He knew his days were numbered.

At his last meal, he asked his followers to remember him

whenever they gathered and broke bread and drank the fruit of the vine together. So, that's what we do.

The ORUUC Christian Fellowship is a start-up group of people interested in exploring liberal Christianity within the context of our liberal UU faith. If you are interested in exploring with us, please join us at 5:00 Sunday evening at the pavilion for a short communion service led by Liz and Tim, followed by dinner together at Panera.

For more information, contact me₁ at worship@oruuc.org.

This Sunday, Feb. 26 Maintaining your Balance When the World is Off its Rocker

What does it mean to be "rooted in love?" How do we maintain connections within our faith, let alone with others whose perspectives are very different from our own? Is it possible to move past isolation and fear and into relationship with folks who aren't just like us? Interim Minister Rev. Lisa Romantum Schwartz will ask whether civil discourse is even possible, or just a naive dream.

Worship with us at 10 a.m. in person or on Zoom. Zoom door opens at 9:45 a.m. Go to Sunday Worship Info — ORUUC for Zoom information.

The Order of Service may be found here. Email or Text Prayer Requests to prayers@oruuc.org

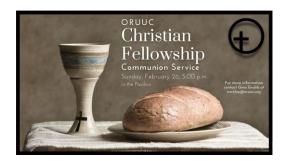


February Split the Plate: Aid to Distressed Families of Appalachian Counties (ADFAC)

Adult and Youth Faith Formation Classes take place from 11:15 a.m. to 12:15 p.m.

This week, the CDC Covid-19 Community Levels are **Low** for Anderson, Knox, Morgan, and Roane counties. Masks are not required in the building; however, we encourage you to do what makes you feel comfortable.

Communion Service This Sunday Afternoon



The Christian Fellowship is hosting a Communion Service this Sunday, Feb. 26 at 5 p.m. in the Pavilion (due to Rummage set-up). Liz and Tim will provide music, and then we'll have dinner together at Panera.

The group has decided to meet the last Sunday of each month at 5 p.m.in the sanctuary. For more information, contact Worship Coordinator Gina Grubb at worship@oruuc.org.

Aid to Distressed Families of Appalachian Counties

Our Split-the-Plate offering for February is Aid to Distressed Families of Appalachian Counties (ADFAC). ADFAC began in the mid 1980's as a local ecumenical effort to provide assistance to impoverished families. As the broad needs of the low-income community became evident. the faith-based collaborative moved to become a 501(c)(3) public charity in January 1987. Over the years, ADFAC has honored its roots by developing a variety of programs designed to meet unfilled needs in the community, and currently answers over 6,000 requests for assistance each year.



ADFAC is the prime and preeminent social service agency in Oak Ridge and surrounding counties. Not only does ADFAC provide direct services to our needy community, it is also the clearing house for most other local social service agencies and churches. For more information on ADFAC, visit https://www.adfac.org/. Please GIVE HERE as you

Please GIVE HERE as you are willing and able, or text "ORUUC" to 73256.

Announcements



Interested in helping with Stone Soup in March? Contact Mary Beth Robinson at placesynergy@comcast.net if you'd like to bake at

placesynergy@comcast.net if you'd like to bake at home on your own schedule, work with other volunteers in the church kitchen to prepare the soup, or hand out meals Friday!

TO RETURN TO IN-PERSON DINING, WE NEED AT LEAST 12 VOLUNTEERS

AVAILABLE ON FINAL FRIDAYS to cook, set up tables, set tables, serve, clean up, do dishes, etc. Please let a member of the Stone Soup Team—Mary Beth Robinson, Steven Albright, Hope McAtee, Jen Stark—that you'd like to help! We'd like to get back to inperson dining! Thank you!

To Do...

It's time for the Executive Team

to refresh and renew the information for the Church's Shared Ministry Agreements (SMAs and EFMAs). Please fill out the appropriate form using the link provided by March 6th:

SMA https://form.jotform.com/oruucsignups/shared-ministry-agreement

EFMA https://form.jotform.com/oruucsignups/EFMA
Contact Jeannie in the church office with questions.



March is ORUUC's month to operate the storehouse at Ecumenical Storehouse!

Volunteers are needed Tuesdays and Thursdays to help load furniture for clients and to help clients gather smaller items (sheets, towels, etc.) on their list.

The times are 10:00 - noon each day: March 9, 14, 16, 21, 23, 28, and 30.

If you're willing to help, please contact Michael Bjerke at michaelbjerke@comcast.net.

Meals and snacks for Rummage workers are needed and appreciated!



Dear ORUUC Friends: It's time for our semi-annual - Big money generating, lots of fun, great bargains, treasures for a pittance - rummage sale!!! There will be an army of volunteers getting ready for and working the sale the week of February 25 through March 3. Just like the army, volunteers need nourishment to keep up their energy when sorting, pricing, displaying, and organizing sale items. This is where we need your help! Please donate food to keep our volunteers energized and super productive. On certain days, we'll need more meals than others. If you can supply meal(s), contact Sue Lasky to reserve your day. Phone number 731-588-4448 or email slasky@vahoo.com. Note: Bringing hot food in Crock Pots is a great idea. Suggested food: Casseroles, soups, sandwiches, veggies trays, fruits, chips, & sloppy joes. Desserts are always greatly appreciated! The rummage sale is a great source of revenue for ORUUC. It allows us to continue our support of projects and organizations that make our community a better place to live, grow, and thrive. Thank you! ~Sue Lasky

More Announcements

The ORUUC Morgan Scott Project (MSP) Team needs new volunteers from ORUUC congregation

For a number of years, ORUUC has fielded a team of volunteers to support First United Methodist Church of Oak Ridge (FUMCOR) and the Second Harvest Food Bank of East Tennessee (Second Harvest) in their assistance to the Morgan Scott Project (MSP) located in Deer Lodge, Tennessee. Right now, the ORUUC MSP team is down to only three fully-active members: Dorn Kile, Martin Bauer, and Charlie Hensley. Three others are on the team, but due to health limitations, work schedules, or family care responsibilities, can only occasionally provide assistance: Jake Alexander, Christina Elliot, and Anne Childs.

The team's activities are limited to the morning of the third Friday each month. Two volunteers from the team meet up with the FUMCOR coordinator at the church at 8:30 a.m. and drive FUMCOR's box truck to the MSP donations storage unit. There, donations of food FUMCOR has received during the week are loaded onto the box truck. After that, a larger box truck operated by Second Harvest arrives and additional food is loaded onto the FUMCOR truck. Then the two ORUUC MSP team volunteers drive the truck up to the MSP Center in Deer Lodge, about an hour away. There, a group of local volunteers help the ORUUC MSP team members unload the truck. After that, the truck is returned to the FUMCOR parking lot. Usually the whole process is completed around noon.

ORUUC MSP volunteers need to be able to schedule time on one Friday morning a month, have a Tennessee drivers license, be eligible to be insured by FUMCOR's liability carrier, and pass a driving test operating the box truck. They need to be able to lift and carry boxes weighing 40 pounds a short distance. They also need to be able to climb in and out of the box truck.

Anyone interested in joining the team should contact me at jalex1@att.net or at (865) 705-6602.

Thanks -Jake Alexander, Coordinator, ORUUC MSP Team



Interested in learning more about Circles of Trust?

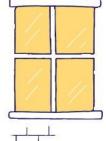
Circles of Trust are groups of 6-8 people who meet for an hour, twice a month, to explore deep questions and grow in relationship with each other. New members are invited to join existing groups, and if needed, new groups will be created. Contact any Circle of Trust Support Team Member—Todd Sherline, Ann Miller, Donna Maloney, or David Savoie—and they'll find a place for you. They're also happy to answer questions!

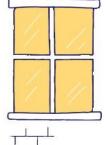


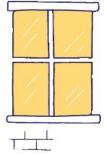
Zenderley Art Workshops: Every Thursday through March 23! Led by Manderley Swain and Zen Lane. Please let us know by Wednesday each week if you are planning to attend. We'll check comments of the Facebook group post - just be sure to add a date with your reply like, "I'm coming to the March 2 workshop." Let this be the year you take that step toward learning new skills or improving those you have! ~Abbie Moore abbie.moore@icloud.com

Caring for Each Other











Are you going through a difficult time? Are you in a situation where support and caring are needed--someone to do grocery shopping, take you to a doctor's appointment, or provide a meal following an upcoming surgery? Contact the church office: (865) 483-6761 or office@oruuc.org or a Caring Coordinator!

Caring Coordinators for February

Jami Garner Jamigarner@me.com 865-250-5505 Hope Waddle karasue54@gmail.com 865-254-4006

Caring Coordinators for March

Hope Waddle karasue54@gmail.com 865-254-4006 Kate Holtkamp-Readle Kate.holtkamp@gmail.com 423-231-5482

Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need. Our ability to provide transportation is limited. If your appointment is routine and/or can wait, please reschedule it rather than call a Caring Coordinator. Thank you for reserving our Caring Volunteers for those situations that address serious needs that cannot wait.

Marge Swenson is turning 101!



Marge Swenson is temporarily at NHC in Farragut receiving services. She is expected to be there through mid-March.

She's also celebrating her 101st birthday March 8! Send her a card or give her a call.

Marge Swenson, Rm. 429 c/o NHC 122 Cavette Hill Lane Knoxville, TN 37934

(865) 777-9000

Volunteer Opportunity

Pack and Deliver Food For Kids March 6 and 7 at First United Methodist Church



Mark your calendar for Spring Packing Dates:

Monday, March 6: Packing begins at 12 noon Tuesday, March 7: 8:30 a.m. Delivery to schools

Monday, April 10: Packing begins at 12 noon Tuesday, April 11: 8:30 a.m. Delivery to schools

Monday, May 1: Packing begins at 12 noon Tuesday, May 2: 8:30 a.m. Delivery to schools

Questions? Contact Cara Weigel at 865-806-7544. The multipurpose room at First United Methodist Church of Oak Ridge can be accessed via the back entrance on the Vienna Road side of the building. On street parking is available.

Ongoing Activities at ORUUC



Line Dancing

Sundays at 3 p.m.

We learn a variety of dances: country, jazz, waltz and cha-chas. Through our dancing, we bring together total strangers in the community and develop close friendships with the willingness to share individual talents with others. A donation of \$3 per session is suggested .For more information, contact Jo Curran or Steven Albright.



Tai Chi

Mondays, Wednesdays, Fridays 11 a.m. – 12 noon We minister to health & stability through learning & practicing tai chi. Help maintain & improve balance, strength, and blood pressure, and reduce knee, arm, shoulder & back pain. For more information call Janet Hoegler at 865-963-5115.



Join the Ukulele Group! Our next practice is Saturday, Feb. 25 at 3 p.m. in the Sanctuary. Michael has added a strumming pattern to Rock Around the Clock and lowered the key for Wake Up Little Susie. We'll be playing at the Coffeehouse on Friday, March 10. Doors open at 6:30. If you're interested in trying something new this year, stop by! We'd love to have you join us. Abbie Moore abbie.moore@icloud.com

SPRING RUMMAGE SALE March 3-4



BIG RUMMAGE PICK UP IS TOMORROW, Saturday, Feb. 25! Contact Amanda Fishel or Christina Elliot TODAY to get on the schedule!

Donations may be dropped off at church Sunday (12-5 p.m.) and Monday through Thursday (9 a.m. to 8 p.m.)

Questions? Email oruncrummage@gmail.com.

We'll gratefully accept the following items in <u>resalable</u> condition:

- Clothing & Linens: Washed, no tears, stains, mildewed, or strong odors from cigarettes, pets or moth-balls. It would be helpful to fold clothing and put in clean trash bags.
- **Upholstered Furniture & Area Rugs**: No significant tears, no stains, no mildew, or strong cigarette or pet odors.
- **Wood or Solid Furniture**: Not broken or badly dented or water damaged, and not missing any vital parts. Minor dents or scratches are acceptable.
- **Televisions**: Flat screens, still in good working condition, less than 5 years old, with no missing nobs or buttons. Minor dents or scratches are acceptable. No big projection TVs or consoles.
- **Electronics**: Still in good working condition stereo components and speakers, computers only with flat screen monitors.
- **Appliances**: Only small, still in good working condition such as toasters and microwave ovens, mixers, etc. No missing knobs or buttons. Minor dents or scratches are acceptable.
- **Miscellaneous Items**: Toys, tools, music instruments, patio furniture and décor items, knickknacks, books (no school textbooks or magazines please,) artwork, clean area rugs, dishes, pots/pans, shoes, antiques, and jewelry.

Things we are unable to accept:

There wouldn't be a Rummage Sale without our volunteers and your generous donations! You can help us greatly reduce work for our volunteers by disposing of items not in resale condition.

- Anything that is wet from rain or floods, etc. or otherwise damaged
- Combustible fuel in any tanks or containers
- Console stereos or TVs, big projection TVs, or any that are older than 5 years, are not working, and those missing knobs or buttons
- Child car-seats
- Baby cribs with a sliding side rail
- Building materials, including paint and carpet remnants**
- Auto parts
- Electronics not in working condition
- Mattresses*
- Large appliances such as dishwashers, stoves and refrigerators, etc.*
- Large exercise equipment (treadmills, elliptical machines, etc)*
- Pianos or organs
- Slate-top pool tables
- Safety helmets, including baseball, football, and cycling helmets

Family News



High School Families: Register for Spring Mountain CON by Friday, March 2! **Register here:**

https://www.themountainrlc.org/springhigh-school-con

Contact Director of Faith Formation Christine Rehder at crehder@oruuc.org once you've registered or if you have questions.

Teens! Did you know you can earn \$10 an hour (up to \$1,000) for your Youth Trip Fund by volunteering to help with

Rummage? Email oruucrummage@gmail.com Rummage Team Leaders are Christina Elliott and Amanda Fishel. High schoolers: sign up on Discord.

SPRING RUMMAGE is March 3-4



Big Rummage Pick Up: Saturday, Feb. 25 starting at 9 a.m.

Rummage Donation Drop Offs:

Sunday, Feb. 26 through Thursday, March 2

Preview Sale:

Friday, March 3 6-8 p.m. (all prices double)

Sale: Saturday, March 4 9 a.m. - 2 p.m. ORUUC



Do you have children in your household from birth through high school? Join our monthly **Connecting in Spirit** Family Newsletter mailing list! Email Rachel at

communications@oruuc.org





Save the Dates: Rainbow Camp 2023 June 27-30 for Campers / June 26-30 for **Counselors and CITs** Registration will open in April!



Join "Father Goose" Michael Raymond Thursday, March 2 at 10:30 a.m. at the Oak Ridge Public Library Auditorium for this free **program!** For more information, go to ORPL Children's Programming. We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. Mother Goose is held on the First and Third Thursdays each month at 10:30 a.m., and is geared toward babies, toddlers, and preschoolers.



Oak Ridge Schools' Spring Break is coming up March 11-28!

There will be **NO Youth Faith Formation on** Sundays, March 12 and 19 to allow our leaders to take a break, too. Multi-age Creation Stations will be set up in the Social Hall for Faith Formation Hour on those Sundays. Nursery will still be available.

Community News





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SATURDAY, FEBRUARY 25, 2023 AT 9:00 AM EST

Abundant LUUv and the 8th Principle of Unitarian Universalism Workshop-Featuring Rev. Duncan Teague

Tennessee Valley Unitarian Universalist Church

Tennessee Valley Unitarian Universalist Church warmly invites and welcomes members and friends of the East Tennessee UU Cluster (Foothills, Westside, Oak Ridge, and TVUUC) to attend a workshop with the Rev. Duncan Teague. Rev. Teague will discuss his work in Atlanta founding the Abundant LUUv Unitarian Universalist community ("A West End Unitarian Universalist congregation in Atlanta, centered in the African American religious tradition, where we welcome your authentic self to join us in community-centered work.") and how they are bringing the 8th Principle of Unitarian Universalism to life.

The workshop will be held at Tennessee Valley Unitarian Universalist Church in the Greg McKendry Fellowship Hall on Feb. 25th. Doors open at 8:15 am and light refreshments will be available. The program will start at 9:00 am and end at 2:00 pm. Lunch will be provided. Please RSVP so we can order enough food. Please use this link to register-

https://forms.gle/F9q5sScXYV0W6P4a7

The Tennessee Valley Unitarian Universalist Church (TVUUC) community adopted the 8th Principle in June of 2021: "We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."

This workshop is being sponsored by the TVUUC 8th Principle Task Force, with the help of a generous grant from the TVUUC Endowment Fund. You can email markmohundro@tvuuc.net with any questions.

Facebook event: https://fb.me/e/3ZZ3yYa4R

THE MOUNTAINTOP

a play by Katori Hall

Recommended Ages 16+ (for language & some adult themes)



In a Memphis hotel, Dr. Martin Luther King, Jr. contemplates the meaning of his life's work alongside a mysterious visitor who seemingly knows more than she lets on. What will the struggle accomplish? What will it cost?

The Historic Grove Theater, 123 Randolph Road

free event!



River & Rail Theatre Company presents THE MOUNTAINTOP by Katori Hall.

March 1st| 7:00 PM

The Historic Grove Theater

Recommended for Ages 16+**.

This event is FREE to the public. Oak Ridge Periodic Tables will also be serving refreshments and hosting a Q&A session with the cast after the play.

Exactly what was on Dr. Martin Luther King, Jr.'s mind as he sat on his scratchy polyester-covered bed, looking down at his sock feet on the bile-colored carpet at the Lorraine Motel on his last night alive? Did he have any idea what was about to happen? What would he have wanted people to know about him? Did these final hours feel holy or special in any way? Katori Hall takes a stunning look at all of these questions and fills them in with brilliant imagination in her play THE MOUNTAINTOP. A speech, a storm, a visitation, a vision: how does a hero's journey end?

** Content Advisory: This production contains profanity and discussions of adult subject matter including violence and infidelity. This show is recommended for ages 16+.

Roots of America: An Exploration of Cultures: A Four-Part Series Presented by the Oak Ridge Institute for Continued Learning in partnership with the Oak Ridge Breakfast Rotary Club



March 9 at 5 p.m. Roots of Indigenous Heritage – proposed renaming of Clingman's Dome to "Kuwhoi." Pollard Auditorium, ORAU, 210 Badger Ave. Speaker: Lavita Hill, Eastern Band of Cherokee Indians. For more information on this series, visit https://www.roanestate.edu/?8465-ORICL-Oak-Ridge- Institute-for-Continued-Learning

Ministerial Search News



In the coming weeks, the ORUUC Nominating Committee and members of the Board of Trustees will be contacting church members to solicit their preference for nominees to the Ministerial Search Committee. Using the Unitarian Universalist Association (UUA) guidance, members are asked to consider the following while they ponder on and ultimately provide their preferred candidates.

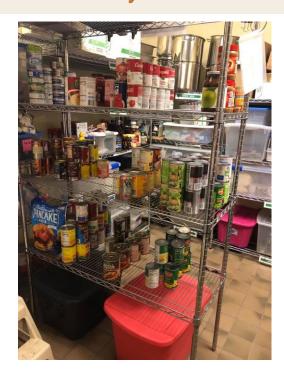
The UUA recommends that you consider:

- What are good qualities needed for someone to serve on a ministerial search committee?
- Who in the congregation works well with others?
- Who can represent and serve the <u>whole congregation</u> well (including looking out for the needs of children) and not just a piece or "faction" of the congregation? Who would have no "axe to grind?"
- Who knows (or can learn) the history and culture of the congregation, whether a member of long standing or relatively new? Who can use this history proactively instead of reactively on behalf of the congregation?
- Who has been and/or is active in the congregation and has demonstrated both responsible participation and responsible leadership?
- One of the most attractive qualities a congregation can have is self- awareness awareness of strengths and weaknesses, what the congregation is like at its best and at its worst, as well as on an average day. Who would be able to know and relate all this to potential candidates?

After thinking about all of these questions, who would you trust to serve on the search committee on behalf of the congregation?

Ultimately, the UUA has recognized that Ministers are more likely to be interested in serving a congregation where the Ministerial Search Committee is <u>representative</u>, <u>trusted</u>, <u>in touch</u>, and <u>responsible</u> to the entire congregation.

Church Pantry Needs



Please pick up some of these non-perishables when you're out shopping:

Canned Meats (Tuna, Chicken, etc.)

Peanut Butter

Canned Soups

Canned Pasta/Meat Meals

Canned Fruit

Canned Green Vegetables

Individual Snack Crackers

Donations may be dropped off in the church lobby during office hours (M-F, 9 a.m.-3 p.m.) or on Sundays. Thank you to the line dancers for their generous donation this week!

ORUUC Covid-19 Update

Covid-19 Community Levels are a tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be Low, Medium, or High, and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. COVID-19 by County | CDC

The CDC's Covid-19 Community Levels for Anderson, Knox, Morgan, and Roane counties are LOW. Masks are not required at ORUUC in the building; eating and drinking is permitted indoors. For the entire report, check out our webpage: http://www.oruuc.org/phased-reopening-plan

2023 OAK RIDGE REC LEAGUE CO-ED VOLLEYBALL

TUESDAYS AT THE CIVIC CENTER

CHEER ON ORUUC OR PLAY!

FEB. 28 AT 9:00 PM VS. I DON'T KNOW WHO

> MARCH 7 AT 8:00 PM VS. LOB BOSSES

MARCH 14 AT 7:00 PM VS. ACE HOLES

Contact Shelaine Curd or Christina Elliott with questions, or just show up to play or cheer on the team!



ORUUC

COFFEHOUSE TALENT SHOW

FRIDAY, MARCH 10 6:30 P.M. SUPPER AND SOCIAL 7 P.M. PROGRAM

Rescheduled from NYE—this your chance! Live out a performance fantasy! Ham it up! Build some experience performing in front of people! Blow people's minds by unveiling a unique talent you've been keeping to yourself!

Advance sign-up is required for all performers. Contact Nancy Starr at starroakridge@gmail.com or mobile 865-742-9993. All ages and talents welcome!

This Week at ORUUUC

Friday, Feb. 24

11am Tai Chi Practice 1pm Stone Soup prep 5:30pm Stone Soup Free Drive-Thru Meal (pg. 1)

Saturday, Feb. 25

9am-2pm Big Rummage Pick-Up 3pm Ukulele

Sunday, Feb. 26

Rummage Setup

8:15am Circle of Trust VII

10am Worship

11am High School11am Together in Spirit11:15am Circle of Trust II

11:15am Newcomers

11:15am Reflections

11:30am Circle of Trust IV

12pm Circle of Trust V

12:30pm Buddhism Study Group

1pm Circle of Trust VI

2pm(3-5pm) Line Dancing

(Canceled)

4pm Grades 5/6 OWL

5pm Christian Fellowship

Communion

Monday, Feb. 27

Rummage Setup

11am Tai Chi Practice6:50pm Meditation Learning andPractice Group

The deadline to submit news for The Exponent is Wednesday at noon! Please send news, comments, and feedback to Rachel at communications@oruuc.org.

Tuesday, Feb. 28

Rummage Setup

6pm Depression & Anxiety Support Group

Wednesday, March 1

Rummage Setup

11am Tai Chi Practice11am Circle of Trust VIII6:45pm Choir Practice7:45pm Band Practice

Thursday, March 1

Rummage Setup

1:30pm Executive Team6pm Potluck (Canceled)6:30pm Zenderley Art Workshop6:50pm Meditation Practice Group

ORUUC Weather Closure Policy

<u>Weekdays</u>: If Oak Ridge City Schools are closed, the church office will be closed.

<u>Sundays</u>: A decision will be made by 9 a.m. whether to have inperson worship. Please check your email and the ORUUC Facebook group for updates.

Weeknight and Saturday events: A decision will be made one hour prior. Check email and Facebook.



809 Oak Ridge Turnpike Oak Ridge, TN 37830 Contact us at 865-483-6761 http://www.oruuc.org/





The ORUUC Board of Trustees

President: Michele Thornton
Past President: Jim Nutaro
President-Elect: Jason Fishel
Secretary: Nathaniel Bass
Treasurer: Brandon White

Members-at-Large: Freddie Nechtow Charles Davis

Jami Garner Ethan Coon

The ORUUC Executive Team

Rev. Lisa Schwartz Christine Rehder Christina Elliott

Amanda Fishel

Jeannie Cuevas, Office Administrator

Sunday, March 5 From Sick and Tired to Good and Mad

Rev. Lisa Romantum Schwartz, Interim Minister



Women's anger didn't start with the Women's March and the #metoo movement, but in recent years, more women have been fed up with a system that makes them into a marginalized majority. On this first Sunday of Women's History Month, Interim minister Rev. Lisa Romantum Schwartz will explore the catalytic potential of women's rage and the possibilities to be found in solidarity.