

March 10-16, 2023

In this issue >>>

This Sunday (pg.2)

Announcements (pgs. 3-4)

Family News (pg.7)

Ministerial Search Update (pg.9)

Covid Update (pg.10)

GA Registration Info (pg.10)



News from Oak Ridge Unitarian Universalist Church

The Exponent



Coffeehouse Talent Show Tonight at 7 p.m. Supper and Social at 6:30 p.m.

Come kick off your weekend with a laid-back evening of entertainment and social time with your church friends. Pizza, pie, and beverages will be provided at cost. Gluten-free vegetarian and vegan pizzas and fruit will be provided. Performers include the ORUUC Line Dancing, Ukulele, and Theater Groups, Jennifer Pomerance, Michael and Kara Raymond, Dave Dunkirk, Jadyn Gilmore, Patton Fishel, Nancy Starr, and Michael Bjerke. See you there! If you can help set up, please come early.



Thanks to Nancy Starr for organizing the show and meal!

Three Years In: Let's Talk, Sunday March 12th after service

Rev. Lisa Romantum Schwartz, Interim Minister

In late February 2020, I was busy moving, so I barely registered when the news anchor's small mention of a virus in Wuhan, China shifted to nightly reports of the alarming spread of this thing we'd learned to call Covid-19.

March 15th is the date that sticks in the minds of many ORUUCians, because it was the first Sunday the church was shut down. In my March 2020 calendar there were storytelling workshops and hikes and coffee dates that never happened, because by the time those dates arrived my city was a ghost town. "Surreal" is a word I've heard from a lot of people when they talk about those days.

It's hard to think about these past three years, let alone talk about our feelings and our fears, our losses and even our blessings. In a recent retrospective the New York Times said that many people claim "that they're over the pandemic," and "when we say the pandemic is over, we are actually seeking permission to act like it never happened."

It reminds me of my grandma, who lived through the 1918 pandemic.

Despite being close to her and living in the same town as Grandma during high school, I didn't learn about the Influenza Pandemic until American History class. When I asked Grandma about it over dinner she was uncharacteristically terse. She'd survived the experience, and shaken its dust off her feet.

I hope we do better this time around. I think it's healthy to reflect on and learn from our experiences, even traumatic ones. As our third anniversary approaches and we enter the fourth year of living with Covid-19, please come to an informal conversation about these past three years. After the brief tornado drill following Sunday's service, I'll be in the Hearth Room ready to listen and reflect with you. And if art is a better medium for you than talk, you'll find "creation stations" set up in the social hall. Light snacks will be in both places, to nourish you enough to linger.

We've all discovered that humans are more fragile than we'd thought, and we've also discovered we are more resilient than we'd imagined. Let's share our experience, strength and hope on Sunday, March 12th.



This Sunday, March 12

From Broken to Mended, From Fragile to Sturdy

We aren't the first humans alive in a time of deep and unsettling change, but the rapid-fire revolutions we're living through can make us feel vulnerable and afraid. Interim Minister Rev. Lisa Romantum Schwartz will delve into the changes we are making, and that are remaking us.

Worship with us at 10 a.m. in person or on Zoom. Zoom door opens at 9:45 a.m. Go to [Sunday Worship Info — ORUUC](#) for Zoom information.

The Order of Service may be found [here](#). Email or Text Prayer Requests to prayers@oruuc.org



March Split the Plate: [The Blossom Center for Childhood Excellence](#)

Adult Faith Formation Classes take place from 11:15 a.m. to 12:15 p.m. Rev. Lisa will lead a 3rd Covid Anniversary discussion in the Hearth Room. Youth Faith Formation is on break this Sunday and next. Families are invited to participate in the multi-gen Creation Station in the Social Hall. Nursery is available.

This week, the CDC Covid-19 Community Levels are Low for Anderson, Knox, Morgan, and Roane counties. Masks are not required in the building; however, we encourage you to do what makes you feel comfortable.

Daylight Saving Time Begins This Sunday, March 12!



Don't be late to church! Set your clocks an hour ahead before you go to bed!

The Blossom Center for Childhood Excellence



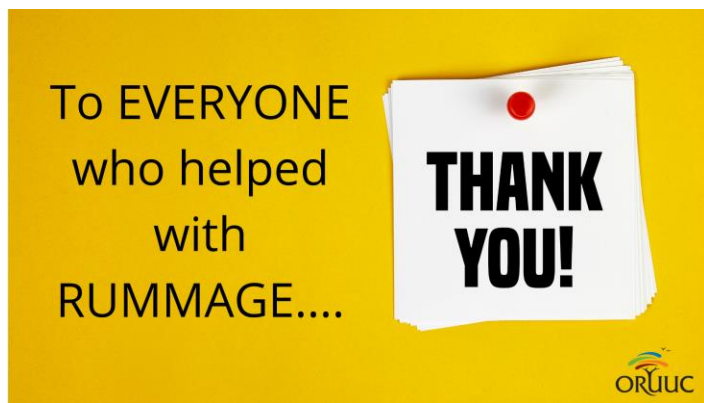
Our Split-the-Plate offering for March is the **Blossom Center for Childhood Excellence.**

Blossom Center is a non-profit childcare facility serving Oak Ridge and surrounding areas. The Center's program is academically oriented, intended to bridge the gap between home and school in order to improve educational outcomes, especially for underprivileged children. Blossom Center is open during extended hours when other childcare

facilities are closed, and allows children to attend based on a sliding tuition scale commensurate with family income, making it the premier facility of its sort in the area.

For more information on Blossom Center, visit <https://blossomcenter.org/>. Please [GIVE HERE](#) as you are willing and able, or text "ORUUC" to 73256.

Announcements



Christina Elliott and I would like to extend a huge thanks to everyone who helped make this spring's rummage sale a success! Whether you donated items, helped transport them, cooked, sorted, priced, worked the sale, or helped clean up, we appreciate you!

The leftovers from your abundant donations have been spread out into the community, benefiting Ecumenical Storehouse, Holiday Bureau, KARM, the Oak Ridge Animal Shelter, Woodland Elementary's Clothing Closet, and a community center in Cocke County. Some donations will even go overseas via FUMC's vision mission trip and Bob Grimalac's tuition assistance program - y'all, this little sale has international impact!

With just a few IOUs to go, and after expenses, we've brought in a total of \$12,600 for ORUUC! \$1000 of that will go to the Youth Trip Fund in appreciation for the 100+ hours that our youth showed up and helped out.

This sale, we had 98 volunteers. Let's see if we can top 100 at the next one, September 15 & 16!

PS: Pay your IOUs and pick up your folding tables



Amanda Fishel, Rummage Team Co-Leader

Get involved at 



Next Saturday, March 18, is the third Saturday of the month--ORUUC's turn to **volunteer at Ecumenical Storehouse!** Show up at **134 E Division Road at 9 a.m.--no training required, just a willingness to help!** The items picked up range from heavy furniture to linens, lamps, and pots and pans. Questions? Contact Martin Bauer at bauermlb@gmail.com.

Sharing the Pulpit: Mark Your Calendars!



Do you have something to say, an idea to explore, some wisdom to refine? Of course you do! Ministers maintain that every congregation member has at least one good sermon to preach, and those sermons are often the most profound messages the congregation can hear.

But what is a sermon? How is it different from an essay or a newspaper article? How does one find their own voice, and find the courage to speak their own truth? That's what the Shared Pulpit class aims to uncover. Then, during this summer and fall, "graduates" of the class will fill ORUUC's pulpit as guest speakers, sharing the sermon they refined during the class.

More will be shared about the class in next week's *Exponent*. For now, mark your calendars, and be prepared to make a commitment. The curriculum's author, Rev. Erika Hewitt (a UU guru on all things worship) emphasizes the profound relationships that class members form with each other as they prepare to connect with their church in this meaningful way.

Class sessions 1 through 6 are three hours long; commit to spending multiple Thursday evenings with your co-learners this spring. The Thursday dates are March 30th, April 6th and 20th, May 4th, 11th, and 18th, and the final double session takes place on Saturday, June 3rd, where we'll hear each other's sermons and share a meal.

If you have questions talk to Rev. Lisa (rev.lisa@oruuc.org) or Christy White (christy.white@comcast.net) or read more details in next week's *Exponent*.



Endowment Fund Grant Applications are available until April 9! Pick up a copy in the church office, or fill out the form online: [Application for Endowment Grant - 2023](#).

More Announcements



ORUUC Workday Saturday March 11, 9-noon. It's been months!

In addition to the usual checks of lights, exit signs, emergency lights, sinks, soap, paper towel dispensers and toilets, there are a number of lighting issues to examine. The external light outside the FF wing, the lights over the social hall door to the playground, and the nursery to the playground are not working. Plus there is an under-canopy light that keeps failing due to water flooding in. There is also sheet rock patch work to do in the maintenance closet. So plenty for people of many interests. -Martin Bauer

Circles of Trust

These small groups of 6-8 people meet for an hour twice a month, allowing you to make connections and get to know fellow members on a deeper level.

Interested in joining a group?
Contact Todd Sherline, Ann Miller, or Donna Maloney for more information.
Enroll at www.oruuc.org/faith-formation-for-adults



Interested in learning more about Circles of Trust? Circles of Trust are groups of 6-8 people who meet for an hour, twice a month, to explore deep questions and grow in relationship with each other. New members are invited to join existing groups, and if needed, new groups will be created. Contact any Circle of Trust Support Team Member—Todd Sherline, Ann Miller, or Donna Maloney—if you have questions, or fill out this form: <https://form.jotform.com/81896918351167>

March is ORUUC's month to operate the storehouse at Ecumenical Storehouse!



Volunteers are needed to help load furniture for clients and to help clients gather smaller items (sheets, towels, etc.) on their list.

**Volunteer Tuesdays or Thursdays:
March 14, 16, 21, 23, 28, and 30
10:00 - noon each day.**

If you're willing to help, please contact Michael Bjerke at michaelbjerke@comcast.net.

ZENDERLEY

Art Workshops

Stand-alone Workshops

Manderley and Zen will present workshops that include instruction to complete the weekly project. Participants are encouraged to learn in a warm and supportive environment.

**TEN WEEKS STARTING THURSDAY, JANUARY 19TH
FROM 6:30-8:30 PM
ABBIE MOORE'S HOUSE**

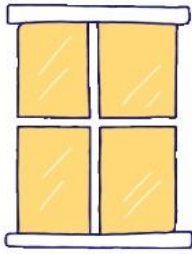
Pay what you can

A light plant-based meal will be served.
Bring your own beverage.

*Seating is limited. Secure your place by Wednesday of each week.

Zenderley Art Workshops: Every Thursday through March 23! Led by Manderley Swain and Zen Lane. Please let us know by Wednesday each week if you are planning to attend. We'll check comments of the Facebook group post - just be sure to add a date with your reply like, "I'm coming to the March 16 workshop." Let this be the year you take that step toward learning new skills or improving those you have! ~Abbie Moore abbie.moore@icloud.com

Caring for Each Other



Are you going through a difficult time? Are you in a situation where support and caring are needed--someone to do grocery shopping, take you to a doctor's appointment, or provide a meal following an upcoming surgery? Contact the church office: (865) 483-6761 or office@oruuc.org or a Caring Coordinator! Please call at least two days in advance to allow time for Caring Coordinators to find a volunteer to provide the care that you need.

Caring Coordinators for March

Hope Waddle karasue54@gmail.com 865-254-4006

Kate Holtkamp-Readle Kate.holtkamp@gmail.com 423-231-5482

Friday, March 10 Update on Marge Swenson: Marge left NHC Farragut last week, returned to the Alexander Guest House, then went to Methodist Medical Center, and is back at NHC Farragut in isolation due to an infection. She is back in Room 417 and can receive calls and cards: 122 Cavette Hill Ln, Knoxville, TN 37934. (865) 777-4000



Volunteer Opportunities

Stone Soup



Friday, March 31
5:30- 6:30 p.m.
or until supplies run out!

Drive Thru
for this free meal!



Interested in joining the Stone Soup Team? We need more cooks and bakers!
Contact Mary Beth Robinson at placesynergy@comcast.net to volunteer.



Interested in helping with Stone Soup in March? Contact Mary Beth Robinson at placesynergy@comcast.net if you'd like to bake at home on your own schedule, work with other volunteers in the church kitchen to prepare the soup, or hand out meals!

TO RETURN TO IN-PERSON DINING, WE NEED AT LEAST 12 VOLUNTEERS AVAILABLE ON FINAL FRIDAYS to cook, set up tables, set tables, serve, clean up, do dishes, etc. Please let a member of the Stone Soup Team—Mary Beth Robinson, Steven Albright, Hope McAtee, Jen Stark—that you'd like to help! We'd like to get back to in-person dining! Thank you!

Pack and Deliver Food For Kids
April 10-11
at First United Methodist Church



Monday, April 10: Packing begins at 12 noon
Tuesday, April 11: 8:30 a.m. Delivery to schools
We will pack Food for Kids Monday, April 10 starting at 12 noon in the multipurpose room at FUMC. Set up will start around 10 am when the Second Harvest truck arrives. Delivery of the bins to the schools will be Tuesday, April 11 at 8:30 am. Hope to see you Monday or Tuesday.

Questions? Contact Cara Weigel at 865-806-7544.
The multipurpose room at First United Methodist Church of Oak Ridge can be accessed via the back entrance on the Vienna Road side of the building. On street parking is available. Upcoming Packing Dates: May 1-2.

Ongoing Activities at ORUUC



Line Dancing

Sundays at 3 p.m.

We learn a variety of dances: country, jazz, waltz and cha-chas. Through our dancing, we bring together total strangers in the community and develop close friendships with the willingness to share individual talents with others. A donation of \$3 per session is suggested. For more information, contact Jo Curran or Steven Albright.



Tai Chi

Mondays, Wednesdays, Fridays 11 a.m. – 12 noon We minister to health & stability through learning & practicing tai chi. Help maintain & improve balance, strength, and blood pressure, and reduce knee, arm, shoulder & back pain. For more information call Janet Hoegler at 865-963-5115.



Join the Ukulele Group! Join us playing at the Coffeehouse tonight! Doors open at 6:30. We've been working on Rock Around the Clock and Wake Up Little Susie. Our next practice is March 25 at 3 p.m. in the Sanctuary. If you're interested in trying something new this year, stop by! We'd love to have you join us. Abbie Moore
abbie.moore@icloud.com

Easter and Ostara



During FF Hour on Sunday, March 19, the Creation Station in the Social Hall will feature Ostara-related crafts for all ages—adults, too. Herb sachets, paintable eggs, seed starters, a flower craft, and more. What's Ostara? Read on!

By [Adrienne Ross](#)

Adrienne Ross served the Unitarian Universalist Association as Project Manager during the development and launch of the Tapestry of Faith curriculum project. She continues to learn many life lessons as a race car driver and as a member of several charitable boards, while pursuing her hobby of theoretical physics.

Easter gets its name from the Teutonic goddess of spring and the dawn, whose name is spelled *Oestre* or *Eastre*. (The origin of the word east, the direction of the rising sun, comes from various Germanic, Austro-Hungarian words for dawn that share the root for the word *aurora*, which means “to shine”) Modern pagans have generally accepted the spelling *Ostara* (Oh-star-ah), which honors this goddess as the word for the Vernal Equinox.

Vernal Equinox usually falls somewhere between March 19 and March 22 (note that many resources only mention March 21, as opposed to the date of the actual Equinox), and depending on when the first full moon on or after the Equinox occurs, Easter falls sometime between late March and mid-April.

The earth reawakens to a burgeoning new season of life-giving, life-affirming gifts. As the sun becomes stronger there is a sense of joyful abundance. With the end of the cold, dark months, ancient pagans no longer needed to store and ration foodstuffs. Often the tastiest cured meats were presented to the spring celebrations and feasts as a sign that the people no longer needed to stockpile food.

The equinox was recognized world wide as a time for renewal, rebirth, and revivification. It was the celebration of the symbolic resurrection of earth itself, Christ, and Hathor (of Egypt) to name a few.

Passover, which occurs in the middle of the Hebrew month of Nisan, is one of Judaism's most important festivals. In ancient times, the holiday coincided with the spring harvest and was a pilgrimage festival (one of three times during the year when all men were required to participate in celebrations at the temple). Later on, the holiday commemorated the Exodus from Egypt in the thirteenth century B.C.

Ostara and the egg she carries are symbols of fertility, of new and continuing life. Some descriptions say Eostre herself is hare-headed, and the goddess of rabbits and birds. The hare is also associated with the moon in many cultures, due in part to its nighttime eating habits and in part to the image of one on the moon. Whether Eostre herself is hare-headed or her attendants are hares, she is strongly associated with the hare—and later its cousin the rabbit for obvious reasons.

A popular myth says that the children of the time presented eggs to the goddess as a gift in return for her bringing them the spring. She was so touched by this gift that she recruited her minions (the rabbits) to return the eggs (only brightly colored now) to the children in baskets (the birds' nests), and that is where the tradition of rabbits delivering eggs to children comes from.

The hare is an evident fertility symbol that is undeniably tied to the Vernal Equinox, March being the rutting time of the hares. It is apparently quite a spectacle in the European countryside. It is said that the typically shy, quiet hare becomes fanatical and fervent. They run for miles and can even become aggressive and appear quite mad, hence the English and French expressions—“As mad as a March hare.”

Eggs also represent fertility and the promise of new life. The Celts (under a broad definition of *Indo-European*, not as a racial grouping but as a grouping of people with similar religious practices, culture, and language) often dyed the eggs red to symbolize the menstruation cycle. While dying the eggs, women and children would think carefully on their hopes and wishes for the coming year. They would then bury the eggs alongside a seedling in the ground to sustain and feed the plant through its growing season. As the plant grew, the hope or wish would also take root and come to fruition at the end of the year. Continue reading at <https://www.uua.org/worship/words/reading/easter-ostara>

Family News

**PFLAG Meeting with Youth WINS
Monday, March 13 at 7 p.m. at First
Presbyterian Church, Oak Ridge**



Join PFLAG for our March meeting when we will host Kristine Townsend from Youth WINS. In 2021, there were approximately 602 youth in Knoxville-Knox County that were out there on their own, experiencing unstable housing. These youth might be staying on the streets, camping, in emergency shelters, sleeping couch to couch, or soliciting strangers for a place to stay for the night. They often feel alone, dismissed, and with no one to trust. Together we can help youth thrive. Join the movement to end youth homelessness.

Youth WINS (When In Need of Support) is a program of Knoxville-Knox County Community Action Committee (CAC) established in 2016 that serves approximately 125 unaccompanied youth annually. We work alongside youth ages 18–24 to help them meet housing, education, and employment goals.

The PFLAG meeting will be held Monday, March 13 at First Presbyterian Church, 1051 Oak Ridge Turnpike. We will gather for social time at 6:45 p.m.; the presentation will begin at 7:00 p.m.

For more information, go to <https://fb.me/e/2YMF1zfls>. PFLAG is a social and support group for the LGBT community and those who love them. For more information about the PFLAG Oak Ridge group, contact Anne Backus at backusanne@comcast.net.

Do you have children in your household from birth through high school? Join our monthly **Connecting in Spirit** Family Newsletter mailing list! Email Rachel at communications@oruuc.org



SAVE THE DATES!

Rainbow Camp 2023: Color in Motion
June 27-30 for Campers / June 26-30 for
Counselors and CITs
Registration will open in April!



Join “Father Goose” Michael Raymond
Thursday, March 16 at 10:30 a.m. at the Oak
Ridge Public Library Auditorium for this free
program! For more information, go to [ORPL Children's Programming](#). We provide a meeting place and fellowship for caregivers of young children, especially those new to the community and far from home. ***Mother Goose is held on the First and Third Thursdays each month at 10:30 a.m.,*** and is geared toward babies, toddlers, and preschoolers.



Oak Ridge Schools' Spring Break is
March 11-28! There will be **NO Youth Faith Formation on Sundays, March 12 and 19** to allow our leaders to take a break, too. **A multi-age Creation Station will be set up in the Social Hall for Faith Formation Hour on those Sundays. Nursery will still be available.** *The March 19 Creation Station will feature Ostara-related crafts for all ages—adults, too. Herb sachets, paintable eggs, seed starters, a flower craft, and more. What is Ostara? Check out the article on pg.6!*

Community News

Knoxville's 2nd Annual "Preach Your Abortion" April 13



Planned Parenthood of Tennessee and North Mississippi: Knoxville's 2nd Annual "Preach Your Abortion" is a live-streamed event shared on Planned Parenthood's channels that will take place the evening of Thursday, April 13th. As you may already know, according to the Guttmacher Institute, the majority of people who have had abortions self-identify as religious. However, most of the public rhetoric we hear from faith communities is anti-abortion. There is a mismatch between the reality and what is being "preached" publicly. We wish to boost and support the voice of people of faith who have had abortions to humanize the discussion, build empathy and understanding. To that end, at this event people of faith who have had abortions will bravely share their story from the pulpit of an affirming church. If you would like to share your story, please complete the speaker application form: <https://forms.gle/N6VJF5u7nK6sIQ29>

Here is the link to last year's livestream: https://fb.watch/hZdwY_PIT6/



HOUSEHOLD BULK PICKUP



The citywide household trash pickup program will begin **Monday, April 3, 2023**. Household rubbish, old appliances, and minor remodeling materials will be picked up.

Residents have always been very cooperative, and we ask for their continued cooperation this year by following a few guidelines:

- Residents should place all materials near, but not beyond the curb. Keep materials off sidewalks and out of parking areas and gutters. Please bag as many items as possible to prevent items from being scattered in prohibited areas.
- There is a limit of one truckload of material per residence. A truckload is defined as one pickup truck or approximately 3' high x 4' wide x 8' long, approximately 100 cubic feet maximum.
- Please be advised that Chestnut Ridge Landfill will NOT accept any item that has or had Freon in it, such as, air conditioners, freezers and refrigerators. Crews will NOT pick up hazardous items, paint, tires, or piles of rubbish that are mixed with brush or leaves.
- All materials must be in place no later than 7:30 a.m. on the scheduled pickup day. Any materials put out after 7:30 a.m. may not be picked up.



The citywide household trash pickup program will begin Monday, April 3. Household rubbish, old appliances, and minor remodeling materials will be picked up.

DETAILS:

<https://www.oakridgetn.gov/content.aspx?article=4888>

FULL SCHEDULE:

<http://www.oakridgetn.gov/content.aspx?article=4889>



SIGN UP FOR EMERGENCY ALERTS

- **WEATHER & SAFETY:**
Text 'OAKRIDGE' to 99411 to enroll in CodeRED alerts
- **TRAFFIC & SAFETY:**
Text '37830' to 888777 to enroll in Nixle alerts



Have you heard of Tennessee's Yellow Dot Program? <https://www.tn.gov/tdot/traffic-operations-division/transportation-management-office/yellow-dot-program.html>

Participants in the program receive a Yellow DOT decal, a Yellow DOT folder, and a medical information sheet. The participant completes the medical information sheet, which consists of their emergency contact information, medical information, recent surgeries, hospital preferences, current medications, insurance and physician information. A personalized photo should also be taken and placed on the sheet. The participant then places the items in the glove compartment inside the yellow folder provided. In an auto emergency, first responders who see the yellow dot sticker on a vehicle will know to check the glove box for important medical information.

ORUUC Nominating Committee



Nancy Highfill



Steven Barker



Sheila Morton



Amanda Law



Robyn Naughton

In the coming weeks, the ORUUC Nominating Committee and members of the Board of Trustees will be contacting church members to solicit their preference for nominees to the Ministerial Search Committee. Using the Unitarian Universalist Association (UUA) guidance, members are asked to consider the following while they ponder on and ultimately provide their preferred candidates.

The UUA recommends that you consider:

- What are good qualities needed for someone to serve on a ministerial search committee?
- Who in the congregation works well with others?
- Who can represent and serve the whole congregation well (including looking out for the needs of children) and not just a piece or “faction” of the congregation? Who would have no “axe to grind?”
- Who knows (or can learn) the history and culture of the congregation, whether a member of long standing or relatively new? Who can use this history proactively instead of reactively on behalf of the congregation?
- Who has been and/or is active in the congregation and has demonstrated both responsible participation and responsible leadership?
- One of the most attractive qualities a congregation can have is self- awareness – awareness of strengths and weaknesses, what the congregation is like at its best and at its worst, as well as on an average day. Who would be able to know and relate all this to potential candidates?

After thinking about all of these questions, who would you trust to serve on the search committee on behalf of the congregation?

Ultimately, the UUA has recognized that Ministers are more likely to be interested in serving a congregation where the Ministerial Search Committee is representative, trusted, in touch, and responsible to the entire congregation.

Church Pantry Needs



Please pick up some of these non-perishables when you're out shopping:

- Peanut Butter**
- Mac n' Cheese**
- Canned Fruit**
- Canned Soups**
- Canned Pasta/Meat Meals**
- Canned Meats (Tuna, Chicken, etc.)**
- Canned Green Vegetables**
- Individual Snack Crackers**

*Donations may be dropped off in the church lobby during office hours (M-F, 9 a.m.-3 p.m.) or on Sundays. **Thank you to all those who have donated food in recent weeks!***

ORUUC Covid-19 Update

Covid-19 Community Levels are a tool from the CDC to help communities decide what prevention steps to take based on the latest data. Levels can be Low, Medium, or High, and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area. [COVID-19 by County | CDC](#)

The CDC's Covid-19 Community Levels for Anderson, Knox, Morgan, and Roane counties are **LOW.** Masks are not required at ORUUC in the building; eating and drinking is permitted indoors. For the entire report, check out our webpage: <http://www.oruuc.org/phased-reopening-plan>



General Assembly is an unforgettable experience for the thousands of Unitarian Universalists and partners that attend each June. Attendees leave with a renewed sense of energy, inspiration, and innovative ideas to take back to their congregations and communities.

Find out more about GA here: [Information for First Time Attendees to General Assembly | General Assembly | UUA.org](#)

Register now for GA at [UUA.org/GA](#). This 5-day immersive experience includes inspirational worship services and informative workshops. Reconvene with friends and colleagues, and explore our bustling exhibit hall. Meet us online or in Pittsburgh Wednesday, June 21 through Sunday, June 25.

2023 OAK RIDGE REC LEAGUE CO-ED VOLLEYBALL

**TUESDAYS AT THE
CIVIC CENTER**

**CHEER ON ORUUC
OR PLAY!**

**MARCH 14 AT 7:00 PM
VS. ACE HOLES**



Contact Shelaine Curd or Christina Elliott with questions, or just show up to play or cheer on the team!

This Week at ORUUC



Friday, March 10

11am Tai Chi Practice
6:30pm Coffeehouse

Saturday, March 11

9am Church Maintenance Day
3pm Ukulele (Canceled)

Sunday, March 12

DAYLIGHT SAVING TIME

8:15am Circle of Trust VII
10am Worship
11am High School (Canceled)
11am Together in Spirit (Canceled)
11:15am Adult FF Hour: 3rd
Covid Anniversary with Rev. Lisa
11:15am Circle of Trust V
(Canceled)
11:15am Newcomers (Canceled)
11:15am Reflections
11:15am Youth FF Creation Station
11:30am Circle of Trust II
12pm Circle of Trust V
12:30pm Buddhism Study Group
1pm Circle of Trust VI
2pm(3-5pm) Line Dancing
4pm Grades 5/6 OWL (Canceled)

Monday, March 13

11am Tai Chi Practice

Tuesday, March 14

10am Ecumenical Storehouse
Volunteers Needed
6pm Presidents Council
6pm Depression & Anxiety Support

Wednesday, March 15

6:30am Breakfast Rotary
11am Tai Chi Practice
11am Circle of Trust III
6:45pm Choir Practice
7:45pm Band Practice

Thursday, March 16

10am Ecumenical Storehouse
Volunteers Needed
6pm Potluck
6:30pm Zenderley Art Workshop

ORUUC Weather Closure Policy

Weekdays: If Oak Ridge City Schools are closed, the church office will be closed.

Sundays: A decision will be made by 9 a.m. whether to have in-person worship. Please check your email and the ORUUC Facebook group for updates.

Weeknight and Saturday events: A decision will be made one hour prior. Check email and Facebook.



809 Oak Ridge Turnpike
Oak Ridge, TN 37830
Contact us at 865-483-6761
<http://www.oruuc.org/>



The deadline to submit news for *The Exponent* is Wednesday at noon! Please send news, comments, and feedback to Rachel at communications@oruuc.org.

The ORUUC Board of Trustees

President: Michele Thornton
Past President: Jim Nutaro
President-Elect: Jason Fishel
Secretary: Nathaniel Bass
Treasurer: Brandon White
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Freddie Nechtow
Charles Davis
Jami Garner
Ethan Coon

The ORUUC Executive Team

Rev. Lisa Schwartz
Christine Rehder
Christina Elliott
Amanda Fishel
Jeannie Cuevas, Office Administrator

Sunday, March 19

Lessons from Trees

**Rev. Lisa Romantum Schwartz,
Interim Minister**



Trees share the land with us -- they even share genetic material with us. But they are such quiet companions it takes some intention to hear the lessons they teach us about vulnerability, resilience, and staying connected. On the eve of Spring Equinox, Rev. Lisa Romantum Schwartz will find inspiration in the high branches and deep roots of trees.